



HELLENIC REPUBLIC
**National and Kapodistrian
University of Athens**
— EST. 1837 —

DEPARTMENT OF PSYCHOLOGY



STUDENT HANDBOOK

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WELCOME FROM THE CHAIR OF THE DEPARTMENT

Welcome to the Department of Psychology!

This handbook will introduce you to one of the most modern, dynamic and internationally renowned Departments of Psychology of our country, a Department with 27 years of history. The studies in the Department, meeting the highest international requirements for an academic program of studies, lead to the acquisition of a Bachelor's degree in Psychology.

With its multi-level, dynamically evolving academic and research profile, the international presence of its members, its laboratories and research centres, but also with its systematic action in organising international and national scientific conferences, workshops and other events, the Department of Psychology of the National & Kapodistrian University of Athens constantly cultivates the scientific way of thinking and conducting research.

In addition to the required and elective courses of the programme of studies and the opportunities provided by the large number of international collaborations of the Faculty members in the Erasmus+ programme, undergraduate students of the Department gain valuable experience through their practicum in different placements; they also have the opportunity to prepare a research thesis, so that upon completion of their studies they can reach an optimal level of knowledge in Psychology.

The Department offers three cutting-edge Postgraduate Programmes, namely Clinical Psychology, Cyberpsychology, and School Psychology. In addition, it contributes in two Interdepartmental Postgraduate Programmes of the National & Kapodistrian University of Athens, i.e., Basic & Applied Cognitive Science, and Health, Promotion & Education. Furthermore, it offers a full cycle of doctoral studies and postdoctoral research opportunities.

All the Faculty of the Department, the Special Teaching Staff, the Special Technical Laboratory Staff and the administrative staff work to ensure that our students acquire all the scientific knowledge and skills that will enable them to be effective researchers and professionals, with respect for the principles of ethics in research and in practicing Psychology.

It is our intention to continue providing a strong foundation in Psychology as a discipline, broad as well as in-depth knowledge of the field, with a strong commitment to constantly improving our expertise and services in line with the international academic environment, laying a solid foundation for the next generation of psychologists..

Professor Spyridon Tantaros
Chair of the Department of Psychology

THE DEPARTMENT OF PSYCHOLOGY

AIMS AND GOALS

The Department of Psychology of the National and Kapodistrian University of Athens was established in 2013 (Law84/2013). Before that date, since 1992 (Law 2083/1992) the Psychology Programmes delivered by the Division of Psychology of the Faculty of Philosophy, Pedagogy and Psychology.

The Department of Psychology aims at the cultivation and the promotion of teaching, research and practical applications of the science of Psychology in Greece. Specifically, the Department of Psychology aims at:

- providing high quality theoretical knowledge of the main disciplines of psychology, in all courses (undergraduate, postgraduate, doctoral),
- producing basic and applied research to promote psychological knowledge and practice,
- networking with academic and research institutions, in Greece and abroad, for the development of synergies, and
- connecting with community agencies in order to improve the well-being and mental health of the general population, children and adults.

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Library

📍 New building of the Library of the School of Philosophy

🕒 Monday to Friday, 08:00-16:00 or 08:30-16:30 or 09:00-17:00

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FACILITIES AND ACCESS

The Department of Psychology is located in the main building of School of Philosophy of the National and Kapodistrian University of Athens, University Campus, at Zografou area. Specifically, facilities of the Academic Units include:

- The **Secretariat** of the Department is located on the 5th floor (office 534) and is open to the public every Monday, Wednesday, and Friday, between 11.00-14.00.
- The offices of the **faculty members** and **laboratories/research centres** are located on the 5th floor (504, 505, 544, 521, 527) and on the 4th floor (417). The availability of the faculty members for tutorials is announced on the Departments' website at the beginning of each academic semester.
- The offices of the **special technical laboratory staff** are located on the 5th floor (offices 504 and 544).
- The **Internship Practice office** is located on the 5th floor (office 533).
- The **Department Library** is located in the new building of the Central Library of the School of Philosophy (open as from January 2019).

The School of Philosophy **provides access to people with disabilities** through a special lift, located in Entrance 3 (4th floor, next to the Museum) and in Entrance 4 (5th floor).

Access to the University Campus is possible by car through three entrances:

- Main entrance (Ilissia, Ulof Palme st.)
- Zografou entrance (Zografou Cemetery)
- Kaisariani Entrance (Ethnikis Antistaseos ave.)

Furthermore, some minor side entrances for pedestrian access are available.

Buses

Main Entrance

- 250: University campus-Evangelismos metro station
- E90: Piraeus-University campus (Express)

Student Residence Hall (400 m. from the Main Entrance)

- 140: Polygono-Glyfada (in conjunction with the campus bus from the Main Entrance)
- 221: University campus-Academia

Zografou Entrance (Zografou Cemetery)

- 608: Galatsi-Academia-Zografou Cemetery
- 230: Acropolis-Zografou

Zografou Side Entrances (for pedestrian access only)

- 220: Ano Ilissia-Academia
- 221: University campus-Academia
- 235: Zografou-Academia

Campus Bus

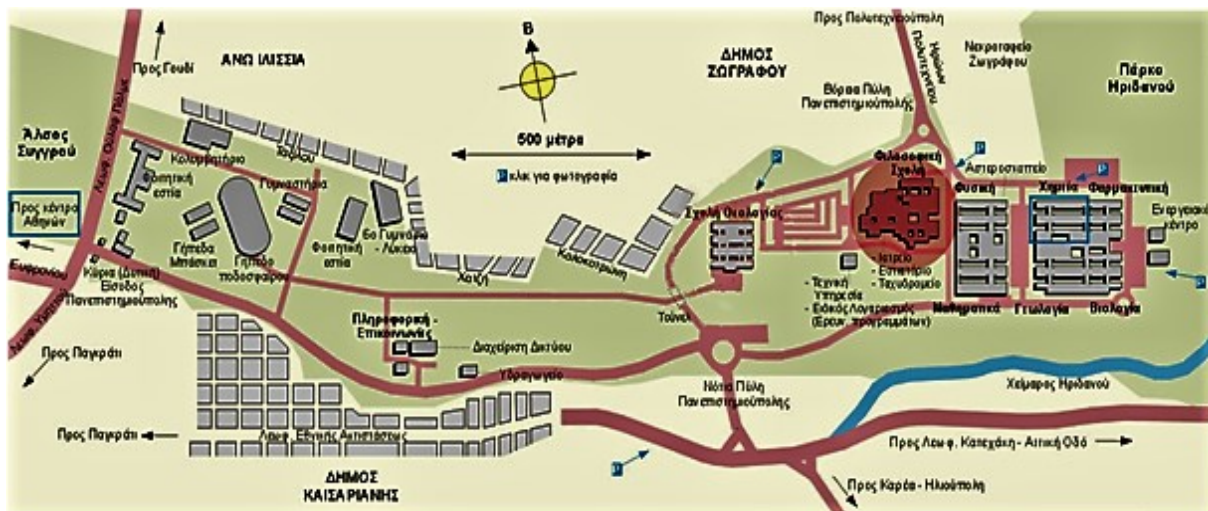
- Timetable: 06:00-20:00 (every 15' until 14:00, every 20' until 20:00)

Metro + Bus

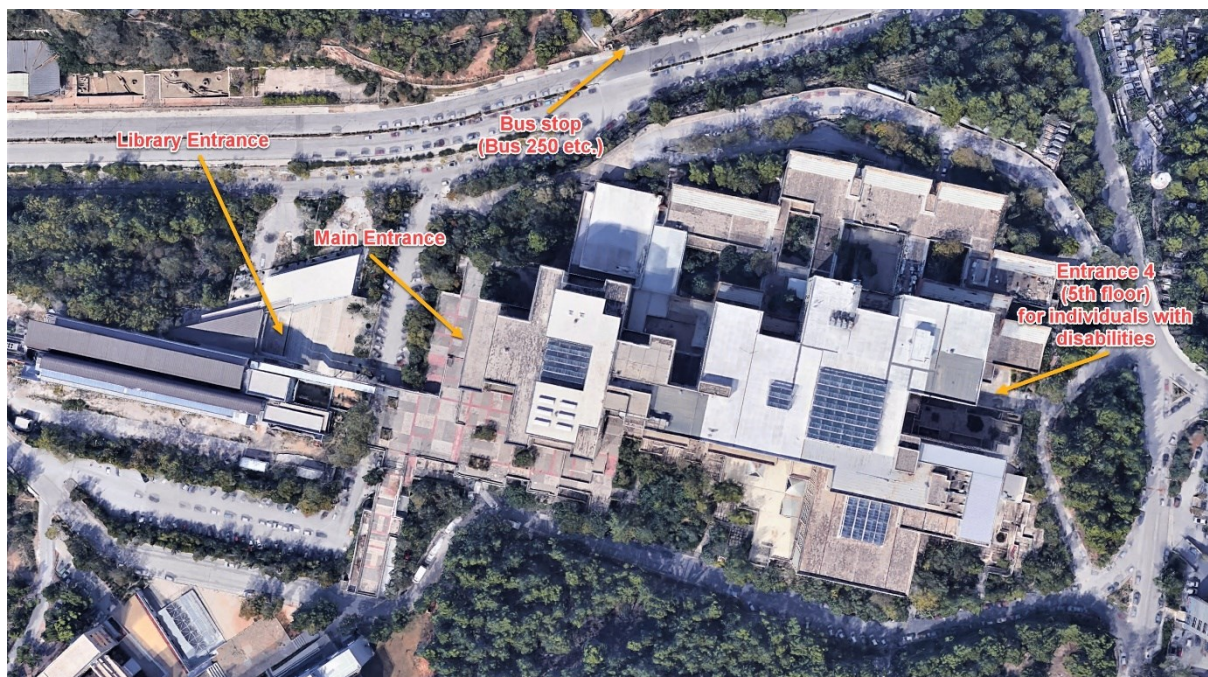
- Evangelismos metro station → Bus 250
- Katechaki metro station → Bus 242 (700 m. from Zografou Entrance)

Private means of transport

Parking spaces are available around the building of the School of Philosophy. However, availability depends on the teaching times (is more limited in the morning and in the early afternoon).



Map of Panepistimiopolis (University Campus). The School of Philosophy is marked in a red circle



Satellite photo of the School of Philosophy and surrounding area

Interactive maps of the Facilities of the National and Kapodistrian University of Athens are available at the website of NKUA (<https://maps.uoa.gr/>)

Information for transportation (buses and trolley buses) in real time is available through the service of road transport and traffic telematics (<http://telematics.oasa.gr/>)

Updated information about public transport is also available at the Athens Transport website: (<https://www.athenstransport.com/>)

INTERNET

Academic ID service	 academicid.minedu.gov.gr
Accessibility unit for students with disabilities	 access.uoa.gr
Announcements	 en.psych.uoa.gr/news.html
Career Office	 career-office.uoa.gr
Dean of School of Philosophy	 www.deanphil.uoa.gr
Department of Psychology	 en.psych.uoa.gr
E-class	 eclass.uoa.gr/modules/auth/opencourses.php?fc=169
E-library	 www.lib.uoa.gr
E-secretariat	 my-studies.uoa.gr
Erasmus+ office	 www.interel.uoa.gr/erasmus.html
Eudoxus online textbook platform	 eudoxus.gr
National and Kapodistrian University of Athens	 en.uoa.gr
Network operation centre	 www.noc.uoa.gr
Student Ombudsman	 www.sinigorosfititi.uoa.gr
Web administration services	 webadm.uoa.gr

ACADEMIC CALENDAR

The academic calendar includes the periods of classes, exams, as well as official holidays in Greece. It is updated annually and it is available at https://www.uoa.gr/spoydes/akadimaiko_imerologio/

UNDERGRADUATE STUDY

*This Student Handbook presents the objectives and learning outcomes of the undergraduate Psychology curriculum, the requirements for obtaining a degree, the Psychology courses offered, as well as issues of organization and regulation of studies. The content of the handbook is updated and approved by the General Assembly of the Department of Psychology at the beginning of each academic year and functions as a general **Internal Regulation** of the undergraduate programme in Psychology. With regards to the Internship Practice and the Degree Thesis, which are more complex and specialized academic activities, the present handbook refers to the respective Internal Regulations of the Department of Psychology.*

AIMS AND GOALS

Attendance of the undergraduate programme in Psychology leads to the *degree (ptychio)* of Psychology and to *license to practice Psychology*. Psychologists work on the understanding and interpretation of psychological phenomena. They study typical and atypical behaviour of individuals and social groups. A psychologist focuses on the dynamic configuration as well as the behaviour modification, according to intrapersonal (biological, psychological), interpersonal, intergroup (organizational, social, cultural) and environmental (ecological) factors. They apply their scientific knowledge and professional skills in a variety of working environments, for the purpose of prevention, intervention, adaptation, inclusion and psychological well-being of individuals (children and adults) and social groups regardless of gender, age, race, nationality, religion, social status, and personal particularities or preferences.

Upon completion of the program, students are expected to have obtained scientific knowledge, professional skills and personal development skills.

Scientific knowledge:

- To know the basic psychological theories and the epistemological currents of psychology through their historical perspective.
- To know the research methods of Psychology as well as the techniques of data collection and analysis for research purposes.
- To possess basic knowledge of the most important methods and techniques for psychological evaluation and assessment.
- To know the stages of the methodological planning, implementation and evaluation of psychological interventions.
- To know the principles of ethics for scientific research as well as for practicing the profession of psychologist.
- To possess an academic background that will allow them to continue further their studies in getting specialization in a specific psychological discipline/ field, in which Psychology can be applied.

Professional skills:

- To be able to look for, to identify and use valid and reliable resources of psychological content in Greek and international literature.
- To know the basic psychometric tests, tools and techniques which do not require further training.
- To be able to prepare basic texts of psychological content (e.g. empirical study)
- To possess critical thinking and to be able to apply the general principles, the basic theories and psychological methods in different working and organizational places according to the principles of science ethics.
- To cooperate with professionals of other specializations under the context of an interdisciplinary team.

Personal development skills:

- To listen carefully the requests and the positions of their interlocutors without guiding them.
- To recognize the way in which the environment, culture, social institutions and socialization processes contribute to the development of the personality and individual differences.
- To show empathy (to “get into the others’ shoes” and to understand their point of view).
- To show tolerance in diversity and to act without prejudices.
- To differentiate and respect the limits in interpersonal relationships.
- To recognize and defend human rights and special needs of socially vulnerable groups

DEGREE REQUIREMENTS

Students' requirements in order to receive their degree, include attendance and successful exams completion in courses with specific credit and teaching units. The credit units (ECTS) correspond to the student workload according to the European Credit Transfer and Accumulation System (ECTS), thereby ensuring international academic recognition of their studies. The teaching units (TU) refer to the weekly teaching hours of a course.

The number of credit units (ECTS) required for the Psychology course is 240 ECTS, while the number of the required teaching units is 172. Specifically, for the successful completion of the Psychology course and the Degree in Psychology the students must:

- Attend and successfully complete 21 required Psychology courses (105 ECTS, 63 TU)
- Attend and successfully complete 20 elective Psychology courses (80 ECTS, 60 TU)
- Attend and successfully complete 9 elective courses from other Departments (27 ECTS, 27 TU)
- To successfully complete an internship practice in institutions and organizations, where Psychology is applied (12 ECTS, 10 TU)
- To successfully write a Degree Thesis (16 ECTS, 12 UT) or alternatively, attend and successful complete 4 elective Psychology courses which are aggregated in an equal number of credit units.
- The above refers to students enrolled in the Department of Psychology in the academic year 2018-19 or later, in which case the partially revised curriculum approved by the Senate, in June 2018 is applied. To facilitate the students, the requirements for obtaining a degree depending on the year of admission, are summarized below.

Students with admission year 2018 onwards

- 1) Total number of courses and ECTS: minimum of 54 courses and 240 ECTS
- 2) Required Psychology courses: 23 courses (21courses + Internship Practice I & Internship Practice II) and 117 ECTS
- 3) Elective Psychology courses: minimum of 22 or 24* courses and 96 ECTS. *From these courses:*
 - A) at least 3 courses from Group I (of Psychology courses)
 - B) at least 3 courses from Group II
 - Γ) at least 3 courses from Group III
 - Δ) at least 3 courses from Group IV
- 4) Courses from other Departments: minimum of 9 courses and 27 ECTS

Notes

- Each required Psychology course is equal to 5 ECTS and 3 TU, except from the courses PSY117- Internship Practice I and PSY118-Internship Practice II. Each one of those is equal to 6 ECTS and 5 TU.
- Each elective Psychology course is equal to 4 ECTS and 3 TU, except from the courses PSY119- Degree Thesis I and PSY120- Degree Thesis II. Each of those is equal to 8 ECTS and 6 TU.
- Each course from other Departments equals to 3 ECTS and 3 TU.
- Internship Practice I and II (PSY117 &PSY118, respectively) are qualitatively evaluated («pass"/ "fail"), therefore they do not account to the total degree grade.

* 22 elective Psychology courses with Degree Thesis (PSY119 & PSY120) included or 24 elective Psychology courses excluding the Degree Thesis.

Students with admission year between 2009-2017

- 1) Total number of ECTS: minimum of 240 ECTS
- 2) Required Psychology courses: the following courses: PSY01, PSY02, PSY05, PSY07, PSY09, PSY10, PSY11, PSY12, PSY22, PSY27, PSY32, PSY37, PSY40, PSY43, PSY44, PSY51, PSY54, PSY56, PSY61, PSY62, PSY65, PSY117, PSY118

- 3) Elective Psychology courses: minimum of 18 courses. From these courses:
 - A) at least 2 courses from Group I (of Psychology courses)
 - B) at least 2 courses from Group II
 - C) at least 2 courses from Group III
 - D) at least 2 courses from Group IV
- 4) Courses from other Departments: minimum of 4 courses

Notes

- For the courses that students have passed until the academic year 2017-2018, the ECTS credit units apply as they are already listed in their Transcript. For the courses which they have passed from the academic year 2018-2019 onwards, the ECTS credit units will apply according to the new program of studies.
- Group V elective Psychology courses that students have passed prior to the academic year 2018-2019 may be counted in the optional Psychology course group they currently belong to. This applies to the following courses: PSY38-History of Psychology, PSY74-Sport Psychology, PSY109-Human-Computer Interaction, PSY114-Ethics and Code of Conduct in Psychology, which now appear in Group IV.
- Courses PSY117, PSY118 and PSY121 are qualitatively evaluated (pass/fail), therefore do not influence the total degree grade.

Students with admission year between 1993-2008

- 1) Total number of teaching units: minimum of 172 TU
- 2) Required Psychology courses: minimum of 22 or 23* courses:
PSY01, PSY02, PSY05, PSY07, PSY09, PSY10, PSY11, PSY12, PSY22, PSY27, PSY32, PSY37, PSY40, PSY43, PSY44, PSY51, PSY54, PSY56, PSY61, PSY62, PSY65, PSY80 (or PSY117 & PSY118)
- 3) Elective Psychology courses: minimum of 18 courses. From these courses:
 - A) at least 2 courses from Group I (of Psychology courses)
 - B) at least 2 courses from Group II
 - C) at least 2 courses from Group III
 - D) at least 2 courses from Group IV
- 4) Courses from other Departments: minimum of 8 courses

Notes

- Each course is equal to 3 TU, except from PSY80 (10 TU), PSY117 (5 TU), PSY118 (5 TU), PSY119 (6 TU) και PSY120 (6 TU).
 - Old course PSY80 (10TU) corresponds to courses PSY117 (5TU) and PSY118 (5TU), cumulatively, and refers to the Internship Practice.
 - Course PSY80 and the corresponding courses PSY117, PSY118 are qualitatively evaluated (“successful”/“not successful”), therefore they do not influence the total degree grade.
 - Students with admission year before 2009, who have successfully completed most of the 22 required Psychology courses and have completed the minimum requirement of 172 TU, without undertaking the minimum of 18 elective Psychology courses, can graduate if they have passed a total of 41 courses in Psychology (required and elective courses cumulatively). In this case, students should make a specific request, when they fill in their application form for graduation, to the Secretariat of the Department of Psychology.
- * 22 required Psychology if the Degree Thesis corresponds to (old) code PSY80 or 23 required Psychology courses if the Degree Thesis corresponds to codes PSY117 & PSY118.

COURSES

A. Psychology courses

The courses are required and elective as follows:

A1. Required Psychology courses

1. PSY01 - Developmental Psychology I
2. PSY02 - Developmental Psychology II
3. PSY22 - Developmental Psychopathology
4. PSY27 - Biological Bases of Behaviour
5. PSY32 - Cognitive Psychology I
6. PSY05 - Cognitive Psychology II
7. PSY56 - Cross-Cultural Psychology
8. PSY51 - Clinical Psychology I
9. PSY07 - Clinical Psychology II
10. PSY11 - Social Psychology I
11. PSY12 - Social Psychology II
12. PSY61 - Research Methods in Psychology
13. PSY37 - Neuropsychology I
14. PSY44 - Counselling Psychology
15. PSY62 - Statistics in the Behavioural Sciences I
16. PSY65 - Statistics in the Behavioural Sciences II
17. PSY10 - School Psychology
18. PSY09 - School Psychology: Theory and Practice
19. PSY43 - Psychology of Personality
20. PSY54 - Psychology of Learning Disabilities
21. PSY40 - Psychopathology

A2. Elective Psychology courses

Students must attend and pass a minimum of 20 courses from the following four groups of Psychology courses (a minimum of 3 courses from each group). Each Psychology course corresponds to 4 ECTS and 3 credits. In the lists that follow, the shaded courses are not offered during the current academic year.

Group I (Developmental and School Psychology)

1. PSY06 - Adolescence and Emerging Adulthood
2. PSY08 - Psychology of Aging: Lifespan Development
3. PSY21 - Psychoeducational Assessment and Differentiated Instruction in Mixed Ability Classrooms
4. PSY24 - Applied Developmental Psychology
5. PSY30 - Personality Development
6. PSY33 - Psychology of Learning
7. PSY34 - Language Development
8. PSY41 - Adjustment Difficulties in the School and Family
9. PSY42 - Psychosocial Problems of School-age Children and Adolescents
10. PSY75 - Psychological Counselling in the School Community
11. PSY76 - Prevention and Intervention in the Family and School
12. PSY79 - Family and Development
13. PSY91 - Psychoeducational Approaches for the Intervention of Learning Disabilities
14. PSY92 - Evaluation of Cognitive and Learning Skills

15. PSY97 - Applied Issues of Pathological Aging
16. PSY123 - Language Difficulties: Assessment, Delineation and Intervention
17. PSY124 - Special Topics in School Psychology
18. PSY125 - School Effectiveness: Collaboration of School, Family and Community
19. PSY128 - Psychopedagogical Interventions for Children and Adolescents with Special Educational Needs or Disability

Group II (Personality and Clinical Psychology)

1. PSY45 - Psychology of Motivation
2. PSY46 - Psychoanalytic Theories of Personality
3. PSY47 - Cognitive-Behavioural Theories of Personality
4. PSY48 - Psychodiagnostics: Personality, Psychic Functioning & Psychopathology Assessment
5. PSY57 - Psychodynamic Approaches to Psychotherapy
6. PSY58 - Cognitive-Behavioural Approaches to Psychotherapy
7. PSY59 - Systemic Approaches to Psychotherapy
8. PSY60 - Social Inclusion of People with Special Needs and their Families
9. PSY73 - Health Psychology
10. PSY86 - Psychoanalysis and Language: Theory and Clinical Practice
11. PSY88 - Fundamental Psychoanalytic Concepts: Lacanian Approach
12. PSY89 - Psychoanalytic Clinic: Lacanian Approach
13. PSY93 - Counselling Psychology: Special Topics
14. PSY94 - Current Approaches to Counselling Psychology
15. PSY100 - Health Psychology: Clinical Interventions
16. PSY101 - Introduction to Psychoanalysis: Theory and Practice
17. PSY102 - Psycho-education of the Family on Aging
18. PSY103 - Special Issues in Clinical Psychology
19. PSY104 - Special Issues in Health Psychology
20. PSY131 - Interdisciplinary- Interprofessional Collaboration
21. PSY136 - Prevention and Health Promotion

Group III (Social and Cross-Cultural Psychology)

1. PSY13 - Attitudes and Values
2. PSY14 - Environmental Psychology
3. PSY15 - Social Interaction and Personal Relationships: A Systemic Approach
4. PSY16 - Work and Organizational Psychology
5. PSY17 - Social-Psychological Analysis of the Family
6. PSY19 - Psychology of Immigration
7. PSY67 - Gender Psychology and Mental Health
8. PSY78 - Applied Social Psychology
9. PSY81 - Psychology of Groups
10. PSY84 - Psychology of Communication
11. PSY115 - Forensic Psychology
12. PSY116 - Political Psychology
13. PSY127 - Applied Cross-Cultural Psychology
14. PSY134 - Creativity and Social Interaction
15. PSY135 - Special issues in Organizational Psychology: Organizational Climate and Organizational Culture
16. PSY137 - Dynamics of the Work Environment
17. PSY138 - Leadership and Teams in Organizations

Group IV (Cognitive Psychology – Methods – Applications)

1. PSY23 - Vocational Guidance Tests and Questionnaires
2. PSY36 - Vocational Assessment and Guidance
3. PSY38 - History of Psychology
4. PSY39 - Career Counselling
5. PSY53 - Psychology of Language
6. PSY63 - Psychometrics I: Principles of Psychometric Theory
7. PSY66 - Experimental Psychology
8. PSY68 - Psychometrics II: Principles and Stages in the Development of Psychometric Tools
9. PSY72 - Multivariate Statistics
10. PSY74 - Sport Psychology
11. PSY90 - Applied Cognitive Psychology
12. PSY95 - Qualitative Methods in Psychological Research
13. PSY105 - Vocational Assessment and Guidance of People with Disabilities
14. PSY106 - Neuropsychology II
15. PSY109 - Psychology of the Internet
16. PSY114 - Ethics in Psychology
17. PSY126 - Scientific Writing
18. PSY129 - Psychological Evaluation: Principles, Methods, and Applications
19. PSY130 - Advances in Psychometrics: The Item Response Theory
20. PSY132 - Contemporary Themes in Applied Psychology

B. Courses offered from other Departments

Students must attend and pass at least 9 courses that are taught in any University Department of the country (except Psychology). Each course from another Department is equivalent to 3 ECTS and 3 credits.

If the students wish to opt for courses outside the School of Philosophy of the NKUA, they must first contact the Secretariat of the Department of Psychology in order to avoid possible bureaucratic obstacles.

C. Internship Practice

Student must carry out an Internship Practice in institutions of applied psychology (e.g., mental health units, psychiatric clinics, Counselling centres, schools, etc.). Internship Practice lasts 160 hours and takes place during the fourth year of study (semesters G and H), within a period of no less than two months. Internship Practice is equivalent to 12 ECTS and 10 credits and is divided into two semesters (PSY117 - Internship Practice I, PSY118 - Internship Practice II). The evaluation of Internship Practice is qualitative ("successful" or "unsuccessful") and does not contribute to the grade point average of the Degree. Further information on the Internship Practice can be found in the Internship Practice Regulations of the Department of Psychology.

D. Degree Thesis

During the last two semesters of study (semesters G and H) students have the opportunity to write a Degree Thesis carrying out empirical research on a psychological research topic under the supervision of a faculty member of the Department of Psychology. The Degree Thesis is elective and is equivalent to 16 ECTS and 12 credits, divided into two semesters (PSY119-Degree Thesis I, PSY120-Degree Thesis II). The Degree Thesis is graded by a two-member examination committee on a scale of 0-10. Further information can be found in the Degree Thesis Regulations of the Department of Psychology.

Instead of writing a Degree Thesis, students may alternatively attend and pass 4 additional elective Psychology courses, which are equivalent to the same number of ECTS (16 ECTS and 12 credits).

INDICATIVE PROGRAMME OF STUDY

In order to help students formulate a reasonable programme of study, the Department of Psychology has proposed the following. In this programme, the distribution of courses into semesters is indicative (not required) and corresponds to normal attendance circumstances, adapted to the minimum length of eight semesters. Before course registration in each semester, students are encouraged to seek for advice from their academic advisor.

SEMESTER	ECTS	TU	SEMESTER	ECTS	TU
A	29	21	B	31	21
Developmental Psychology I	5	3	Developmental Psychology II	5	3
Social Psychology I	5	3	Social Psychology II	5	3
Biological Bases of Behaviour	5	3	Counselling Psychology	5	3
Cognitive Psychology I	5	3	Cognitive Psychology II	5	3
Elective Course from other Department	3	3	Research Methods in Psychology	5	3
Elective Course from other Department	3	3	Elective Course from other Department	3	3
Elective Course from other Department	3	3	Elective Course from other Department	3	3
C	30	21	D	30	21
Statistics in the Behavioural Sciences I	5	3	Statistics in the Behavioural Sciences II	5	3
Psychology of Personality	5	3	Developmental Psychopathology	5	3
School Psychology	5	3	School Psychology: Theory and Practice	5	3
Clinical Psychology I	5	3	Clinical Psychology II	5	3
Elective Psychology course	4	3	Elective Psychology course	4	3
Elective Course from other Department	3	3	Elective course from other Department	3	3
Elective Course from other Department	3	3	Elective Course from other Department	3	3
E	30	21	F	30	21
Psychopathology	5	3	Cross-Cultural Psychology	5	3
Neuropsychology I	5	3	Elective Psychology course	4	3
Psychology of Learning Disabilities	5	3	Elective Psychology course	4	3
Elective Psychology course	4	3	Elective Psychology course	4	3
Elective Psychology course	4	3	Elective Psychology course	4	3
Elective Psychology course	4	3	Elective Psychology course	4	3
Elective Psychology course	4	3	Elective Psychology course	4	3
G	30	23	H	30	23
Elective Psychology course	4	3	Elective Psychology course	4	3
Elective Psychology course	4	3	Elective Psychology course	4	3
Elective Psychology course	4	3	Elective Psychology course	4	3
Elective Psychology course	4	3	Elective Psychology course	4	3
Internship Practice I	6	5	Internship Practice II	6	5
Degree Thesis I (or 2 Elective Psychology courses)	8	6	Degree Thesis II (or 2 Elective Psychology courses)	8	6

STUDY ORGANIZATION

Registration

The registration of new students in the Department of Psychology includes two stages: (a) the online pre-registration is made according to the article's regulations of the current Presidential Decree and in a deadline being set by the Ministry of Education/ Department of Education; (b) the registration is successfully completed with students' attendance to the Department of Psychology, during certain dates, which would have been already announced in the Departments' website from the Secretariat. The required documents for registration are the following:

- ✓ The online pre-registration form from the website of the Ministry of Education, with the students' original signature (in print)
- ✓ A photo (identity card type)
- ✓ Copy of the identity card

Applications for registration of foreign or expatriate students, students with severe impairments in excess of 5% and other specific groups of students are submitted later, according to the current provisions of every academic year, which are defined by the Ministry of Education, Research and Religion. The completion of their registration is achieved after the submission of the required documents to the Secretariat of the Department of Psychology, in time that is defined and announced by the Departments' website.

In circumstances of exceptional necessity (e.g. natural disaster, military engagement, absence abroad), an overdue registration is permitted with a justified decision of the Department's General Assembly, after a specific request of the persons interested. The request must be submitted within 30 days since closing date for registration and the applicant must refer the reasons of delay.

Beneficiaries who did not register with the procedure of the last paragraph lose the right for registration in the Department of Psychology. Overdue applications for registration are not be accepted, unless the Department's General Assembly judges that there are serious reasons which justify the overdue attendance for registration and definitely not after one month.

Registering for e-services

Students who get enrolled in the Department of Psychology must also enrol in the online services platform of the NKUA by submitting an application to the website <http://webadm.uoa.gr/> → Application for New Account → Undergraduate students for obtaining a username and password. These data are necessary for access to the Online Secretariat (My-studies) and all of the online services of the University of Athens (Academic Identity Card, Entry to platform for books "Eudoxus", Remoted Connection via Virtual Private VPN Network, etc.). Clarifications on the registration process are available through the website <http://webadm.uoa.gr> (see also below).

When students get enrolled in the online services of the NKUA, *they will need to complete*: (a) their full registration number (13 digits, as follows: the code of the Psychology Department 1567+the calendar year of enrolment to the Department of Psychology + 5-digit registration number), and (b) the number of their identity card (without spaces and with capital letters in Greek where applicable) or their passport number (in roman characters where appropriate).

After recognition by the system, the applicant will be asked to give his name and surname using Greek and Latin characters. The name and surname of the applicants must be given exactly as they appear on the official documents (ID card, passport) and not a minor.

After the correct completion and submission of the above information, the application's registration number and a PIN number is assigned to the application of the student that will serve to activate the applicant's account is announced. Following the link Account Activation (via PIN), the student can track

the progress of his/her application. In the near future the applications are checked for their correctness and get approved by the Secretariat of the Department.

Then, by clicking the "Activate Account (via PIN)" at <http://webadm.uoa.gr> and after the interested parties have filled out the protocol number and the PIN of their application, they will be notified of their username, which is defined by the online platform, and will be asked to set their own password.

After approval of students' details and activation of their account, all the services of the Online Secretariat can be used through <http://my-studies.uoa.gr> platform.

Registering for courses and course books

For each semester, a specific period is announced by the Secretariat, during which the system allows students to register for courses through the Online Secretariat (my-studies.uoa.gr). Students have access through their username and password obtained by the NKUA website <http://webadm.uoa.gr/>. The maximum number of registered courses per semester is 8 (semesters A and B), 9 (semesters C and D), 10 (semesters (E and F), 11 (semesters G and H), and 12 (students on the fold).

In order for the system to include all the courses grades, students have to register for these courses in My studies, for each current semester. Course grades is not possible to be registered in My Studies semester courses in case that these courses or some of them were not registered. When a course grade is below 5, on the ten-point scale ("failure"), the course has to be registered again in the next academic year.

To receive a book, a separate online registration for books must be submitted, for each academic semester, within a specific period that is announced by the Secretariat. The books registration has to be done through the online platform "Eudoxus" (<http://Eudoxus.gr>) as a separate process than the registration process for courses that has to be submitted to the Online Secretariat (my-studies.uoa.gr). Access to the Eudoxus platform is possible only through the user's name and password obtained by the NKUA website <http://webadm.uoa.gr/>.

After expiration of the specified period of both registration processes for courses and books, respectively, no change can be made as there is no access to the online applications system.

The maximum number of free books for each student, during their Psychology studies is 65 (up to 8 courses for each semester separately).

Apart from the free books, students have access to full texts of scientific content (e.g., Library of Psychology or online search via Google Scholar), through the updated subscription of the NKUA in the Hellenic Academic Libraries Link (HEAL-Link). Via the Virtual Private Network (VPN) of the NKUA, students' remote access is also possible (see also guidelines in the website <http://www.noc.uoa.gr/> → connection to network → Virtual Private Network -VPN).

Within the frame of the Erasmus+ EU funding programme for education, training, youth and sport 2014-2020 of the NKUA, the Department of Psychology has established 8 bilateral agreements with European Higher Education Institutions in Cyprus (*University of Cyprus*), Czech Republic (*Univerzita Palackého v Olomouci*), France (*Université d' Angers, Université de Bordeaux, Université Lumiere Lyon II*), Germany (*Universität Bielefeld, Universität Osnabrück*), Italy (*Universita degli studi di Napoli Federico II*), and the Netherlands (*Radboud University Nijmegen, Rijksuniversiteit Groningen*) exchanging annually a specific number of students for undergraduate studies.

In the Department of Psychology, all Psychology courses are taught in Greek. For a gradually increasing number of Erasmus+ incoming students, special arrangements with no sufficient knowledge of Greek language are available along with **Greek language courses** that the Modern Greek Language Teaching Centre of the University. Students who have succeeded in the examinations at the end of each semester obtain 6 ECTS credits.

A list of all courses taught in English in the National and Kapodistrian University of Athens, along with further information for Erasmus+ students, is available on the website of the Directorate of Public and International Relations (<http://en.interel.uoa.gr>).

More details for all incoming students:

Contact: Mrs Dimitra Velliniati

📍 European and International Relations Department
Eleftheriou Venizelou (Panepistimiou) 30 st.
106 79 Athens

🕒 Tuesday-Wednesday-Thursday, 11:00-13:00

☎️ +30 210 3689735 ✉️ dvelin@uoa.gr ✉️ erasmus@uoa.gr

Attendance and assessment

The program of Studies is compiled by the General Assembly of the Department of Psychology. It contains the titles of the required and elective Psychology courses, the teaching staff, the content of courses, the weekly teaching hours and the ECTS for every course. Furthermore, the Program of Studies includes the chronological sequence or the interdependence of the courses.

The program of studies is adjusted to the minimum possible number of semesters that are required for graduation. The minimum study duration is 8 semesters (4 academic years). After the completion of the 4 years, the students who have not completed their studies are called “on the fold” (“epi ptychio”).

The allocation of courses within semesters is indicative and not obligatory. It responds though to real studying conditions according to the minimum possible number of semesters that are required for graduation and to the sequence of prerequisite and interdependent courses. In particular, during the semesters A and B, students get enrolled and attend courses as indicated to the indicative Program of Studies.

Prerequisites and independent courses are defined in the Program of Studies. Where there are courses with the inscriptions I and II, the course marked with I is a prerequisite of the course marked with II.

From the elective courses, students can register, attend and been examined in relevant Psychology courses from other Departments of Psychology in Greek universities, as far as these courses are equivalent to 24 ECTS or 18 TU. In order to register in relevant Psychology courses from other Departments of Psychology in Greek universities, students must submit their application, in order to be approved by the General Assembly of the Department of Psychology of the National and Kapodistrian University of Athens. Also, a protocol for bilateral cooperation between the two universities is required.

At the beginning of every academic semester and within specific deadlines that are determined by the General Assembly and are announced by the Secretariat, students ought to submit their statements of courses and books through the e-services of the University. These statements are binding and cannot be notified or removed after the relevant deadline of submission. They also determine the courses in which the students have to be examined at the end of each academic semester. In any case, and for as long as the system of statements on the “My- studies” platform is open, it is proposed that students who have already submitted online the course statement of the current semester do not re-visit the “My- studies” platform because their statement is cancelled. If they wish to correct their course assignment, students will have to repeat the process of declaring from the start for all the courses they intend to attend in the current semester.

The academic work of each academic year is structured in two semesters: winter and spring. Each semester lasts at least 13 teaching weeks. If for any reason the number of teaching weeks for a given

course is less than 13, the course is considered not completed and is not examined. In the case it gets examined, the grade is not counted for the award of the degree.

Each academic year has 3 examination periods: winter examination period (January-February), spring examination period (June- July) and September's examination period (repeated exams). Numerical rating scale from 1-10 is used for students' evaluation, as following: 1-4="failure", 5-6,9="good", 7-8,4="very good" and 8,5-10="excellent". The Internship Practice is evaluated qualitatively ("pass"/"fail"). For the estimation of the degree grade point average, all course grades, which are evaluated numerically, are taken into account, including the grade of the Degree Thesis, if it has been conducted. The weight of each course is determined by the corresponding ECTS.

In case of failure in a required Psychology course, students should repeat it again (register, attend, and get examined to it) in a following semester. In case students fail an elective Psychology course or a course from other Department they should either register for it again, in the following academic year or replace it with another elective course.

Students' presence during the lectures constitutes an academic obligation of the students, even though it is not controlled. The consistent attendance of the courses, the participation in the seminars and laboratory exercises and communication with the instructors is especially important for students' training.

The Department of Psychology applies the institution of Academic Advisor for the academic support of the students. In particular, a faculty member is appointed as an Academic Advisor for each first-year student. The list of Academic Advisors is posted at the beginning of each academic year on the website of the Department of Psychology. Students are encouraged to contact their academic adviser on issues related to their studies.

DESCRIPTION OF PSYCHOLOGY COURSES

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY01 – DEVELOPMENTAL PSYCHOLOGY I						
Faculty:	Spyridon Tantaros (A-L), Asimina Ralli (M-Z)						
Description:	This course introduces students to the subject, the theories, and the aims of Developmental Psychology and describes typical development in infancy and preschool years. The following areas are covered: The subject matter of lifespan development; the role of heredity and environment in life span development; theoretical approaches in life span development; the typical new born infant development and stability; motor and sensory development in infancy; cognitive development in infancy (Piaget and Information Processing); language in infancy; social development, Personality and individual differences in infancy; physical development in preschool years; cognitive and language development in preschool years; social development, Personality, friends and family in preschool years.						
E-class:	https://eclass.uoa.gr/courses/PSYCH182						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY02 – DEVELOPMENTAL PSYCHOLOGY II						
Faculty:	Spyridon Tantaros						
Description:	This course is a continuation of Developmental Psychology I and describes typical development during preschool, school and adolescent years. The following areas are covered: physical and cognitive development in preschool period: Piaget, Vygotsky, information processing. Language and learning; social and personality development: self, friends and family. Moral development and aggression; physical and cognitive development in school-age: intelligence and language development; reading in bilingual children; social and personality development in school-age: self, friendships; moral development; school and family; physical and cognitive development in adolescence: primary and secondary characteristics of puberty; Piaget and information processing theories; adolescent egocentrism; risk taking; social and personality development in adolescence; self and identity formation: Marcia’s theory; psychological disorders in adolescence; sex relations and psychosexual identity.						
Prerequisite:	PSY01 - Developmental Psychology I						
E-class:	https://eclass.uoa.gr/courses/PHYCH110						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY05 – COGNITIVE PSYCHOLOGY II						
Faculty:	Petros Roussos						
Description:	This is a required course offered every spring semester. It is the second part of an introduction to Cognitive Psychology and follows PSY32-Cognitive Psychology I. The following topics are covered: Definition and the nature of thinking; methodological issues in the study of thinking; problem solving; reasoning; analogical thinking; creativity; decision making. Language. Metacognitive processes. Cognitive development. Consciousness. Cognition and emotions. Student assessment is based on a written final examination. Readings: Efklides, A. (1997). <i>Psychology of thinking</i> [in Greek]. Ellinika Grammata; Kahney, H. (1997). <i>Problem solving</i> [in Greek]. Ellinika Grammata; Mayer, R. E. (1992). <i>Thinking, problem solving, cognition</i> (2nd ed). Freeman; Roussos, P. L. (Ed.). (2014). <i>Cognitive psychology: Higher cognitive processes</i> . Topos.						

Prerequisite:	PSY32 – Cognitive Psychology I
E-class:	https://eclass.uoa.gr/courses/PSYCH137

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY06 – ADOLESCENCE AND EMERGING ADULTHOOD						
Faculty:	TBA						
Description:	This course focuses on the study of the following: (a) adolescence, the last stage of development of the individual towards adult life and maturity; (b) emerging adulthood, the period between the end of adolescence and the achievement of adulthood in the western world. It offers an introduction to central issues and questions of adolescent psychology, a clarification of concepts related to this period, as well as a distinction between its main developmental milestones. It studies the biological, cognitive and psychosocial development of adolescents and describes the dynamics of the group of adolescents and their interpersonal relationships, as well as particular patterns developed between the family structure, intra-family dysfunctions and the socializing role of the school. The characteristics of emerging adulthood are also examined along with the psychosocial changes experienced by emerging adults. Consequences of the latter for life-long development are discussed.						
E-class:	https://eclass.uoa.gr/courses/PHYCH103						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY07 – CLINICAL PSYCHOLOGY II						
Faculty:	Vassiliki (Lissy) Canellopoulos						
Description:	This course aims to approach more specific topics in clinic. So, approaching the clinic mainly through Freudian and Lacanian teaching, its basic terms, basic categories and concepts are presented in the first place. Subsequently, important elements of structural diagnosis as well as the structures which are necessary for the intervention and direction of the treatment are shown. Moreover, as the Lacanian clinic favours the subject and its causation, the body's trilateral articulation (real-imaginary-symbolic)-component of the subject-is presented, as well as the correlation between body disease and subjectivity. Finally, as the symptom's formation and the knowledge are an important issue in the psychoanalytic clinic, the course presents the version where a learning difficulty may be a symptom. All lessons are enriched by clinical examples and incidents to link theory and clinical practice.						
Prerequisite:	PSY51 – Clinical Psychology I						
E-class:	https://eclass.uoa.gr/courses/PPP490						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY08 – PSYCHOLOGY OF AGING: LIFESPAN DEVELOPMENT						
Faculty:	TBA						
Description:	Aging implies all different changes associated with chronological age, but not identical with it, e.g., changes on mental functioning, personality and psychopathology. The term “aging” is used both as a label for an independent variable to explain psychological phenomena, and as a dependent variable that is explained by several other processes. The latter refers to either inter-individual age differences, or to intra-individual age changes.						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY09 – SCHOOL PSYCHOLOGY: THEORY AND PRACTICE						
Faculty:	Chryse Hatzichristou, Aikaterini Lampropoulou						
Description:	School Psychology as science and profession. Prevention and intervention programmes in school community: International and Greek experience. Data-based model of theory, research and intervention in the Greek educational system: Conceptual framework, developmental phases. Social and emotional learning in the school community: Programme for the promotion of mental health and learning. Structure, design, implementation, evaluation. Indicative thematic units: communication skills; dealing with feelings: Identification, expression and management; self-perception, self-esteem; coping; social competence and social skills; conflict resolution; diversity in school community; school and students with special educational needs; study skills and strategies; crisis management in school community. Intervention at system level: Development of schools' network.						
E-class:	https://eclass.uoa.gr/courses/PPP489						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY10 – SCHOOL PSYCHOLOGY						
Faculty:	Chryse Hatzichristou						
Description:	School Psychology as a science and profession: Defining the role and the specialty; education-training; institutional-legislative framework, professional associations; international experience and Greek reality. Psychodiagnostic evaluation of children and adolescents. Counselling and Consultation in schools: Conceptual approaches, stages of process. Psychological and educational interventions for children and adolescents. School-based prevention and intervention programs: Conceptual approaches; structure and effectiveness of the programs; primary, secondary and system level intervention programs. Children and adolescents' mental health services. Linking theory, research, education and intervention in the school community: Development and implementation of a model in the Greek educational system. Future directions.						
E-class:	https://eclass.uoa.gr/courses/PPP460						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY11 – SOCIAL PSYCHOLOGY I						
Faculty:	Antonia (Dona) Papastylianou						
Description:	The course introduces the theoretical issues of Social Psychology and examines person's behaviour in interaction within the social context. Topics examined include: Methodological issues in Social Psychology, research methods and ethical issues in studying social behaviour, development of meta-theories, orientation of the American Social Psychology in comparison to the European Social Psychology and the crisis of Social Psychology (reductionism; levels of explanation regarding human behaviour; positivism). After this introductory part, topics examined include causal attribution and social knowledge (basic attribution processes; attribution biases; social knowledge and societal attribution), nature and measurement of attitudes, attitude change (persuasion; attitude behaviour discrepancy and cognitive dissonance), prejudice (discrimination; forms and effects of discrimination; explanations of prejudice and discrimination), aggression, prosocial behaviour–altruism, and affiliation (intimate relationships). Grading is based on a written exam or on an extended essay of 3000 words (Erasmus students only).						

E-class: <https://eclass.uoa.gr/courses/PPP440>

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY12 – SOCIAL PSYCHOLOGY II						
Faculty:	Aikaterini Gari						
Description:	The aim of this Social Psychology course is to analyse in depth the dynamic characteristics of interpersonal relationships within the context of social interaction. Its basic dimensions are the following: Communication and interpersonal relationships through basic approaches (psychoanalytic and systemic), verbal and non-verbal communication, close relationships within social interaction. Some basic examples and cases are employed in class, for the study of specific types of relations (friendship, work relations, siblings), in different social and cultural settings. Student assessment is based on a written final examination. Only for Erasmus students' assessment, a written assignment in the form of an essay is conducted that consists of a literature review on a specific topic or a short description of their participation to a research project.						
Prerequisite:	PSY11 – Social Psychology I						
E-class:	https://eclass.uoa.gr/courses/PPP385						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	WINTER
Title:	PSY13 – ATTITUDES AND VALUES						
Faculty:	Aikaterini Gari						
Description:	The study of beliefs, social axioms, attitudes, values, stereotypes and prejudices is the goal of this course. Its specific dimensions are the following: Beliefs and attitudes assessment (Thurstone, Likert, Guttman, Bogardus, Osgood, Remmers, Triandis); values assessment (Triandis, Hofstede, Schwartz); social axioms definition and their assessment through emic and etic approaches (Leung & Bond); beliefs and values and their relation to motivation and behaviour; mindfulness/mindlessness in relation to attitudes formation and values acceptance; the 1960-1970 Social Psychology crisis and its impact to epistemological principles; Discourse Psychology and fundamental definitions and strategies; introduction to social representations and some fundamental research results. Students are working in small groups, in class and at home, on some scales of attitudes, values, stereotypes, prejudices and social axioms, in order to become able to create their own items and scales. A subgroup of students, who select additionally to participate in a “research group”, is working on a current research project and write an essay with an empirical orientation.						
E-class:	https://eclass.uoa.gr/courses/PPP447						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	WINTER
Title:	PSY14 – ENVIRONMENTAL PSYCHOLOGY						
Faculty:	Vassilis Pavlopoulos						
Description:	Environmental Psychology is an elective course for Psychology students. It is taught in the winter semester (3 hours per week) and it corresponds to 3 ECTS units. The content of the course comprises the following: Goals and scope of Environmental Psychology; definition of basic terms; historical roots and relations with other disciplines; methodological issues; structural and dynamic components of behavior settings; environmental perception, description and evaluation; cognitive maps; proxemics and social interaction: personal space, territoriality, privacy; environmental stress: noise, crowding, pollution; built environment and behavior: school, work, and health settings; psychological						

	consequences of natural and technological disasters. Grading is based on (a) a 2-hour written exam, or alternatively (b) a written assignment, i.e., a long essay comprising literature review or a research project on a specific topic (for Erasmus students only). A 10-point grading scale is used (where 10='excellent', 5='pass', 1-4='fail').
E-class:	http://eclass.uoa.gr/courses/PPP105

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	SPRING
Title:	PSY15 – SOCIAL INTERACTION AND PERSONAL RELATIONSHIPS: A SYSTEMIC APPROACH						
Faculty:	Aikaterini Gari						
Description:	The dynamic relationship between personal relationships and sociocultural context through the systemic approach is the frame of the course, based on the Theory of General Systems. Specifically, the course is focusing on: a) the Palo Alto Team (Bateson, Jackson, Erikson, Haley, and Weakland); the Eric Berne theory; and the Milan Group (Palazzoli, Boscolo, Cecchin). Students in small groups participate to experiential and role-playing activities in class and at home, focusing on interaction processes and reframing techniques in family, school and work.						
Prerequisite:	PSY11 – Social Psychology I						
E-class:	https://eclass.uoa.gr/courses/PPP480						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	WINTER
Title:	PSY16 – WORK AND ORGANIZATIONAL PSYCHOLOGY						
Faculty:	Athina Xenikou						
Description:	Leadership/management; influence and power; emotional intelligence and leadership; job satisfaction and organizational commitment; occupational health psychology (e.g., work well-being, occupational stress, professional burnout); organizational culture, creativity and innovation; job selection and personnel assessment; communication and conflicts in the workplace; organizational development and change; work motivation and learning organization; job design and analysis; performance appraisal and career development; work violence, moral harassment and bullying; decision making; organizational justice/business ethics and corporate social responsibility						
E-class:	https://eclass.uoa.gr/courses/PSYCH178						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	SPRING
Title:	PSY17 – SOCIAL-PSYCHOLOGICAL ANALYSIS OF THE FAMILY						
Faculty:	TBA						
Description:	This course analyses the concepts of family structure and function, and other concepts and variables of family dynamics, as dealt in Social Psychology, Anthropology, Sociology as well as Cross-cultural Psychology. The main theories of the family of Social Psychology, Sociology, Social Anthropology, and Psychiatry are also presented in an introductory level. The various forms of the family are studied (nuclear, extended, etc.) from the 17th century until today, with emphasis on the psychological dimensions of the family, its demographic and socio-cultural characteristics (e.g. single-parent families, double career families), as well as the socio-psychological procedures of support that the family provides to the individual. The psychological dimensions of the evolution-change of the modern Greek family are also analysed. Finally, through updated research data, the						

	dimensions of social-psychological support that the family provides to the individual in dealing with critical social issues (economic recession, low birth rate, loneliness, etc.) are analysed. Exercises and activities are performed in small groups.
E-class:	https://eclass.uoa.gr/courses/PSYCH221

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	SPRING
Title:	PSY19 – PSYCHOLOGY OF IMMIGRATION						
Faculty:	Vassilis Pavlopoulos						
Description:	Psychology of Immigration is an elective course for Psychology students. The content of the course comprises the following: Culture contact within and between societies; theoretical approaches: culture learning, stress and coping, social identification theories; acculturation and adaptation of immigrants: acculturation models and strategies; development of ethnic identity acquisition; immigration and mental health; resilience and vulnerability of immigrant youth: risk and protective factors; immigration research in Greece: Albanian immigrants, Pontian remigrants, second generation immigrants; Counselling and interventions with immigrants. Grading is based on a written exam or, alternatively, a written assignment, i.e., a long essay comprising literature review or a research project on a specific topic (for Erasmus students only).						
E-class:	https://eclass.uoa.gr/courses/PPP101						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	WINTER
Title:	PSY21 – PSYCHOEDUCATIONAL ASSESSMENT AND DIFFERENTIATED INSTRUCTION IN MIXED ABILITY CLASSROOMS						
Faculty:	Diamanto Filippatou						
Description:	The course aims to familiarize students with, first, the process and means of multidisciplinary assessment of the psycho-educational needs of students with typical and non-typical development within the school setting, in the light of a systemic approach; second, the basic principles and components of the differentiated instruction model; and third, strategies used to differentiate both the learning environment and the learning process in order to succeed educational inclusion and psychosocial adjustment of all students in a heterogeneous class. Emphasis will be placed on the role of the psychologists in the process of designing an effective learning environment. Specifically, in the course, methods for assessing students' learning ability, psychosocial adjustment, and school environment (e.g., standardized and informal learning skills tests, scales of psychosocial adjustment, observation scales and interviews) are critically presented. Strategies and tools for adapting the school environment and learning process for students with learning and psychosocial difficulties are also analysed. The theoretical part of the course is enriched by examples of case studies concerning both the assessment of psych-educational needs and the implementation of differentiated instruction. Students can undertake optional theoretical assignments as part of the course.						
E-class:	https://eclass.uoa.gr/courses/PSYCH180						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY22 – DEVELOPMENTAL PSYCHOPATHOLOGY						
Faculty:	Spyridon Tantaros, Eleni Vousoura						
Description:	The first part of the course introduces basic concepts of psychopathology, methodological issues in studying disorders, in relation to human typical						

	development. The second part includes the study of specific syndromes of problem behaviour during infancy, preschool, school age and adolescence which represent main aspects of cognitive, psychosocial and emotional development. The third part of the course deals with clearly developmental difficulties that have milder and transitional characteristics.
E-class:	https://eclass.uoa.gr/courses/PPP450

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	PSY23 – CAREER GUIDANCE TESTS AND QUESTIONNAIRES						
Faculty:	TBA						
Description:	This course is designed to explore the psychometric tools that are used for the assessment of characteristics relevant to a person’s career development. The various psychometric instruments that are examined derive mostly from the USA and their majority is standardized or adapted to the Greek reality. More specifically, the course includes: Interests inventories, skills tests, occupational values inventories, career decision making and career development inventories, and personality inventories. Additionally, a number of psychometric tools that have been developed and standardized in Greece are examined. Furthermore, several issues relevant to the use of psychometric instruments are discussed, e.g. advantages and disadvantages of their use, translation and language adaptation, criteria for choosing a psychometric instrument, the role and the qualifications of the career counsellor in career assessment, and the code of ethics. Finally, the course examines current theories for the future of tests’ use in career assessment, as well as the role of the new technologies and the internet.						
E-class:	http://eclass.uoa.gr/courses/PPP778						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY24 – APPLIED DEVELOPMENTAL PSYCHOLOGY						
Faculty:	Asimina Ralli						
Description:	Orientation of Applied Developmental Psychology; familiarization of the students with the research areas and the focus of Applied Developmental Psychology; familiarization of the students with the research methods and designs for carrying out studies on child and adolescent development; linking theory, research and practical applications in the family and the school setting; study of the contribution of developmental theories in areas such as parenting, education, literacy, numeracy, aggression, social and emotional development, technologies and developmental disorders; familiarity with the study and presentation of applied developmental research studies.						
E-class:	http://eclass.uoa.gr/courses/PPP604						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY27 – BIOLOGICAL BASES OF BEHAVIOUR						
Faculty:	Alexandra Economou						
Description:	The course introduces the student to the biological bases of behaviour and cognition. It covers the structure, function, and organization of the central and peripheral nervous system, from the level of the neuron to that of neuronal systems which process sensory stimuli that are responsible for the basic behaviours and cognitive functions. The course covers the following areas: Introduction to the relationship of brain and behaviour. Cells of the nervous system, mechanisms of transmission of information, neurotransmitter systems and behaviour. The effect of pharmaceutical and narcotic substances on the						

	brain. Structure of the nervous system, organization and functions of the cerebral cortex. Development and evolution of the brain. Neuronal basis of perception and processing of stimuli from the sensory systems of vision, audition, and touch. Memory. Motor control. The course also includes the analysis of clinical disorders and phenomena that are based on the mechanisms covered by the aforementioned areas.
E-class:	https://eclass.uoa.gr/courses/PPP253

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY30 – DEVELOPMENT OF PERSONALITY						
Faculty:	TBA						
Description:	The class focuses on individual differences in children and adolescents' personality. Temperament and the Big Five Model, as well as the organismic approaches to children's personality, are presented and discussed. Scientific evidence on the continuity and discontinuity in personality from childhood into adulthood is examined. The impact of personality on children's and youth's adaptation with respect to developmental tasks and on their mental health are also examined. Students are asked to make a Powerpoint presentation in class based on scientific papers and chapters on topics such as youth's religiosity and spirituality, the development and individual differences in self-esteem, youth's self-examined in cultural context, self-control and self-regulation, identity in emerging adulthood and in an era of globalization.						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY32 – COGNITIVE PSYCHOLOGY I						
Faculty:	Petros Roussos						
Description:	This is a required course offered every spring semester. The following topics are covered: Definition and history of Cognitive Psychology; research methods of cognitive psychology (experimental, neuroimaging, simulations, AI, etc.); biological bases of cognition; information-processing theory; mental representations; cognitive psychology and cognitive science; attention, perception, memory and learning. Student assessment is based on a written final examination. Readings: Eysenck, M. W. (2010). <i>Fundamentals of Cognition</i> . Athens: Gutenberg. Roussos, P. L. (2012). <i>Cognitive Psychology: The basic cognitive processes</i> . Topos; Sternberg, R. J. (2003). <i>Cognitive Psychology</i> . Atrapos.						
E-class:	http://eclass.uoa.gr/courses/PSYCH136						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	WINTER
Title:	PSY33 – PSYCHOLOGY OF LEARNING						
Faculty:	TBA						
Description:	This subject on learning and behaviour is aimed at developing general principles that are applicable both to people and to other species, in a wide variety of situations. In everyday life, classical condition responses can be seen in our emotional reactions to many different stimuli. Aversive counter conditioning is used to replace positive responses to certain stimuli (alcohol, cigarettes, etc.) with negative responses. The procedure of shaping involves reinforcing any small movement that comes closer to the desired response, and then gradually changing the criterion for reinforcement, until the desired behaviour is reached. Shaping is a common part of many behaviour modification procedures. Negative reinforcement, avoidance and punishment introduce unavoidable aversive events, which may lead to helplessness and depression in human beings.						

According to the social learning theory, behaviour is shaped through simply observing and imitating (or modeling) the behaviour of others. Thus, the modeling effect, the eliciting effect and the inhibitory/disinhibitory effect are discussed, as well as the very important theory and research on self-efficacy.

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	WINTER
Title:	PSY34 – LANGUAGE DEVELOPMENT						
Faculty:	Asimina Ralli						
Description:	The module of Language development is an elective course. It introduces students to the subject, the conceptual definitions of language, speech and communication, as well as to the terms Language development, Language acquisition, Critical and Sensitive periods. It focuses on the research methods for studying language development as well as on the historical and contemporary theoretical approaches. The course also focuses on the description of language development during infancy, preschool and school years as well as adolescence. Furthermore, it highlights issues related to bilingualism-multilingualism as well as to language development in children with special educational needs (sensory disabilities, developmental language disorder, cognitive impairment, Down syndrome, Williams Syndrome, etc).						
E-class:	https://eclass.uoa.gr/courses/PSYCH108						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY36 – CAREER ASSESSMENT AND GUIDANCE						
Faculty:	TBA						
Description:	This course examines the general purposes of appraisal and assessment in career guidance. Students are introduced to the career development theories, which constitute the theoretical framework for the various career assessment tools, e.g. psychological career development theories (Holland, Roe, Bordin, Ginsberg, Super, Tiedemann-O’Hara, Krumboltz), non-psychological theories, and complex theories. Issues such as the use of psychometric tools throughout history, the advantages and restrictions in using psychometric instruments, the requirements for the use of career assessment tests and inventories are discussed. Furthermore, the role of the career counsellor in career assessment and the necessary training, that s/he needs in order to be able to use psychometric tools, are analysed.						
E-class:	http://eclass.uoa.gr/courses/PPP468						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY37 – NEUROPSYCHOLOGY I						
Faculty:	Alexandra Economou						
Description:	The course aims at linking behaviour and cognitive functions with their biological substrate, at the same time providing an opportunity for the student to become acquainted with current research in Neuropsychology. The following areas are covered: history of neuropsychology, basic anatomy of the brain, methods of investigation of the brain, common disorders of the nervous system, such as agnosia, aphasia, apraxia, alexia, etc., structure and function of the cerebral lobes, brain asymmetry, memory, the neuropsychological evaluation, and the role of the clinical neuropsychologist. Clinical case studies related to the areas covered in the course are discussed.						
E-class:	https://eclass.uoa.gr/courses/PPP243						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY38 – HISTORY OF PSYCHOLOGY						
Faculty:	TBA						
Description:	<p>The depth and complexity of the human soul/psyche has been signaled by Heraclitus in the 6th century B.C. This subject aims to combine the major conceptualizations of the Eastern cultures, as perceived by western psychologists. It examines the nine philosophical schools in Ancient Athens, and their propositions for smoothening the human psychological pain. It focuses on the Platonic methexis of the soul with God by means of Eros. It points out the meaning of catharsis of the human passions in the Greek tragedy, which inspired Freud to define the Oedipus Complex and the Electra Complex. It arouses interest on the Aristotelian concept of virtue, as middle space between the extremes, namely lack and extravagance. It discusses the concept of the Christian soul and the importance of its salvation. It relies on Epicurean philosophy to cope with the terror of death. It validates the Stoic philosophy as regards the transcendental passions of the soul. It follows the evolution of the European thought through the centuries, putting special emphasis on the deontological moral theory (Kant) and the utilitarianism (Bentham, Mill). It considers very important the Russian contribution (Pavlov, Bechterevev, Vygotsky) to modern scientific psychology. It appreciates the indirect influence of cybernetics for the theory of attachment and the ongoing evolution of systemic thought in family therapy. It points out the considerations of the artificial intelligence, of the transformational grammar by Noam Chomsky, and of the neurosciences, that led to the cognitive revolution in the recent fifty years. Following the movement of positive psychology in the 21th century, it highlights the virtues of the human character, as it is investigated nowadays. Finally, this subject describes the evocative strength of drama for both the destigmatization of the human psychopathology and the promotion of mental health.</p>						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	PSY39 – CAREER COUNSELLING						
Faculty:	TBA						
Description:	<p>This course introduces the students to theory and practice of career counselling. It analyses clients' demands, the underlying problems, the counsellor-client interaction, and the necessary counselling skills. Additionally, the stages of screening, contracting, and exploring are discussed. Furthermore, the course examines how the use of tests, questionnaires, and occupational information can assist the process of career counselling. Finally, special issues are examined, e.g.: career counselling in organizations, borders between career and personal counselling, professional challenges and dilemmas that career counsellors face, and self-management for career counsellors.</p>						
E-class:	http://eclass.uoa.gr/courses/PPP467						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY40 – PSYCHOPATHOLOGY						
Faculty:	Eleni Vousoura						
Description:	<p>The course is an introduction to adult psychopathology. More specifically, the following issues are examined and discussed: Introductory observations: Problems in defining psychopathology; cultural dimensions; developmental parameters; classifications systems: Diagnostic and Statistical Manual of Mental Disorders-IV-Revised (DSM-5), International Classification of Diseases-11 (ICD-11)</p>						

	Psychodynamic Diagnostic Manual (PDM). Historical review of psychopathology. Contemporary approaches to psychopathology: Biological-neuro-scientific approach; psychoanalytic approach; cognitive-behavioural approach; humanistic-existential approach; social-cultural approach; family systems approach; research: epistemology, quantitative methods, qualitative methods, ethics. Psychopathological syndromes: anxiety disorders; somatoform disorders; dissociative disorders; personality disorders; psychoses; mood disorders; eating disorders; substance-related disorders; psychosomatic disorders; sexual and gender identity disorders; organic syndrome. The basic diagnostic criteria are described and clinical examples are given for each disorder. Major theoretical approaches and empirical findings regarding etiology and intervention are examined.
E-class:	https://eclass.uoa.gr/courses/PHYCH100

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY41 – ADJUSTMENT DIFFICULTIES IN THE SCHOOL AND FAMILY						
Faculty:	Aikaterini Lampropoulou						
Description:	The goal of the course is to help students elaborate on difficulties that children and adolescents may present in schools and to acquire knowledge and skills on dealing with these difficulties within the school context. In particular issues regarding difficult/aggressive behaviour, violence and school bullying are presented within school-wide systems of positive behaviour support and intervention approach (SWPBSI). The role of the school climate as well as proposed strategies with an emphasis on the children's potential and the promotion of social and emotional skills are analysed. The strategies presented in the course may be applied by psychologists, teachers and parents. The course includes an assignment on a voluntary basis.						
E-class:	https://eclass.uoa.gr/courses/PPP162						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	WINTER
Title:	PSY42 – PSYCHOSOCIAL PROBLEMS OF SCHOOL-AGE CHILDREN AND ADOLESCENTS						
Faculty:	TBA						
Description:	In this class, the focus is on the effect of psychosocial problems (poverty, migration, divorce, adoption) on school age children's and adolescents' adaptation with respect to developmental tasks and mental health. The resilience developmental model, which focuses on youth that adapt well in spite of adversity, and related scientific findings are presented and discussed. Distal and proximal contextual factors and processes, as well individual-level attributes, that may account for group and individual differences in youth's adaptation and mental health when living under adversity are examined. Students who take this class may optionally choose to write an essay in a related subject.						
E-class:	http://eclass.uoa.gr/courses/PPP110						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY43 – PSYCHOLOGY OF PERSONALITY						
Faculty:	Piliou-Dimitris Stavrou						
Description:	This course examines individual differences in thinking, sentiments, motives, and behaviour of humans. Specifically, the course examines (a) fundamental principles and concepts of classical and contemporary theories of personality, (b) topics that have been preoccupied personality psychologists (e.g., personal						

	conflict and circumstances), and (c) the relationship between personality with other aspects of psychological functions (e.g., intelligence and physical health). Particularly, to start with, we will examine the way that scientists of different theoretical disciplines describe the structure and the motives of personality, explain the individual differences in the way that people think, feel, and react in various circumstances, and the psychopathology. Moving forward, different theories are comparatively examined, in their way of conceptualising the cross-temporal and cross-situational cohesion and continuity of behaviour. Finally, specific topics are studied, such as the relationship between personality and intelligence as well as the relationship between personality and physical health.
E-class:	https://eclass.uoa.gr/courses/PPP109

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY44 – COUNSELLING PSYCHOLOGY						
Faculty:	Philia Issari						
Description:	The course includes the following topics: Introductory concepts of Counselling Psychology; major theoretical approaches to Counselling and psychotherapy; Rogerian Counselling; Adlerian Counselling; existential Counselling; Counselling relationship, Counselling process and issues faced by beginning counsellors; experiential approach; development of basic Counselling skills; role playing and audio/video/DVD tools.						
E-class:	https://eclass.uoa.gr/courses/PSYCH210						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY45 – PSYCHOLOGY OF MOTIVATION						
Faculty:	Fotini Polychroni						
Description:	In this class, the motives of behaviour are examined through the lens of different theories. Key concepts and principles of theories that have a biological, behavioural or cognitive basis are presented and discussed. More specifically, the focus is on ethology; psychoanalytic perspective on motives; Maslow's phenomenological approach to human motives; behavioural approaches with an emphasis on Hull's theorizing; Lewin's dynamic field analysis; the theory of achievement motivation; theories of cognitive congruity and theories of cognitive dissonance; self-determination theory; rubicon model of action phases.						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	WINTER
Title:	PSY46 – PSYCHOANALYTIC THEORIES OF PERSONALITY						
Faculty:	Piliou-Dimitris Stavrou						
Description:	In this course, fundamental psychoanalytical theories are examined regarding personality and the construction of the subject. Emphasis is placed on the complexity of the term 'personality' and an historical overview of the Freudian thought and path across the decades is attempted. Key notions/concepts of Freudian theory are presented, and a systematic, comparative interpretation of these terms takes place. In particular, we describe and analyse in depth the theories of the most important psychoanalysts, starting from the founder of psychoanalysis, Sigmund Freud. In addition, the theories of Melanie Klein, Anna Freud, Margaret Mahler, and Donald Woods Winnicott are explained and analysed. Meanwhile, through clinical case studies and examples, these theories are linked to clinical practice and treatment. Finally, a comparative overview is attempted, in order to properly establish an in-depth understanding of the theoretical foundations.						

E-class: <https://eclass.uoa.gr/courses/PPP453>

Type:	ELECTIVE	Group: II	ECTS: 4	Semester: WINTER
Title:	PSY47 – COGNITIVE-BEHAVIOUR THEORIES OF PERSONALITY			
Faculty:	Archontoula (Diana) Charila			
Description:	The basic goal of this course is the personality perception as well as the personality disorders according to the cognitive -behavioural theory. At the beginning, the relationship between temperament and personality is discussed under the prisma of Pavlovian typology and the psychobiological theory of Cloninger. The essential elements of learning theories about human behaviour and personality are analyzed. Emphasis is given on the way the thinking about personality has been developed in the context of cognitive-behaviour theoretical framework: from the theory of Pavlov, Skinner and Watson, the more contemporary social-cognitive theories (Mahoney, Meichenbaum, Kanfer, Bandura), the stimulus-reaction theories of Hull, as well as Donald and Miller to the Kelly's theory of cognitive constructs and the modern view of personality through the concept of cognitive schema. The personality disorders are discussed, as well as the basic axons of the therapeutic intervention according to the Cognitive- Behavioural Therapy. The course links the theory with the practice through clinical cases.			
E-class:	http://eclass.uoa.gr/courses/PPP149			

Type:	ELECTIVE	Group: II	ECTS: 4	Semester: SPRING
Title:	PSY48 – PSYCHODIAGNOSTICS: ASSESSMENT OF PERSONALITY, PSYCHIC FUNCTIONING & PSYCHOPATHOLOGY ASSESSMENT			
Faculty:	Piliou-Dimitris Stavrou			
Description:	This course aims to introduce the student to the basic framework of the connection between clinical case reporting and psychological evaluation. To start with, we establish an in-depth reference to the fundamentals of the clinical case reporting. Also, we examine the key reasons for the need of psychological evaluation as well as the usual frameworks of its application. We analyse concepts of professional ethics around the application of the methods of psychological evaluation but also the interaction between the examiner and examinee. The methods of evaluation that we will be looking in depth are the projective tests and the inkblot. Precisely, the Rorschach test, the Thematic Apperception Test (TAT), the Children's Apperception Test (CAT) and the drawing/inkblot (House-Tree-Person) test are presented. Clinical examples are given and analysed for each test. This course concludes with acquiring the knowledge to draft a psychological evaluation/report.			
E-class:	https://eclass.uoa.gr/courses/PPP323			

Type:	REQUIRED	Group: -	ECTS: 5	Semester: WINTER
Title:	PSY51 – CLINICAL PSYCHOLOGY I			
Faculty:	Piliou-Dimitris Stavrou			
Description:	This course introduces the student to the basic dimensions of the field of contemporary Clinical Psychology, that is assessment, intervention, prevention and research. The course begins with a description of the scientist- practitioner model followed by a historical review of the development of the field, a review of the basic ethical principles and finally a review of training models across the globe. Then the basic contemporary theoretical models with respect to etiology and intervention are presented, that is, the psychodynamic model, the cognitive			

behavioural model, the family-systems theory model and the existential - humanistic model. Clinical examples are provided within each theoretical framework with emphasis on evidence-based findings. Assessment methodology is also studied, particularly: the clinical interview; assessment of cognitive functioning using instruments such as the Bender-Gestalt test, the Wechsler series (WAIS, WISC, WPPSI), the Stanford-Binet Test, Raven's Progressive Matrices; assessment of psychopathology, personality organization, psychic functioning with self-report questionnaires such as the Minnesota Multiphasic Personality Inventory (MMPI). the Millon Multiaxial Clinical Inventory (MMCI) as well as with projective techniques such as the Rorschach Inkblot test, the Thematic Apperception Test (TAT), the Children's Apperception Test (CAT), and the House-Tree-Person test. Moreover, the application of Clinical Psychology methods i.e., assessment, intervention, research with special groups such as refugees, immigrants, single parent families, minorities, LGBT, HIV infected individuals are examined in depth. Current epistemological issues regarding research in the field are reviewed and research in various areas of the field of Clinical Psychology is presented and discussed. Finally, preventive programmes with respect to the entire age span that is children, adolescents and adults are presented and discussed. (e.g., programmes for high risk populations such as children of parents with severe mental disorders, smoking cessation programmes, programmes for the prevention of sexually transmitted diseases).

E-class: <https://eclass.uoa.gr/courses/PPP155>

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY53 – PSYCHOLOGY OF LANGUAGE						
Faculty:	TBA						
Description:	Definition of language and its characteristics. The ontogenesis of speech. Human language, ape language and artificial intelligence. The distinction between language and speech. Phonetic, phonological, lexical, morphological and syntactical data. Pragmatics of human language. The biological bases of the language. The development of language in children. Language and thought. Word recognition, study of the mental dictionary, interpretation of the psychological meaning of the word.						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY54 – PSYCHOLOGY OF LEARNING DISABILITIES						
Faculty:	Fotini Polychroni						
Description:	This course aims at introducing students to the fundamental concepts and the current theoretical approaches of learning disabilities in written language, i.e. difficulties in reading, spelling, reading comprehension, math and writing. In specific, the course presents the classification of learning disabilities, the comorbidity with ADHD and language difficulties, and the current theoretical etiological approaches concerning the biological, cognitive and psychosocial dimensions. It includes the following thematic units: The concept and the classification of learning disabilities. Etiological and hermeneutic models of learning disabilities. Cognitive, learning and psychosocial characteristics of reading, reading comprehension, spelling, writing and math difficulties. Early screening of learning disabilities. Psychosocial difficulties of children with learning disabilities. Assessment methodology and assessment tools for learning disabilities. The role of the psychologist in the assessment and intervention process as a member of a multidisciplinary team. Basic principles and intervention						

	models for the intervention of learning disabilities at an individual and at a school level. Case studies are presented and discussed during lectures.
E-class:	https://eclass.uoa.gr/courses/PPP363

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY56 – CROSS-CULTURAL PSYCHOLOGY						
Faculty:	Vassilis Pavlopoulos						
Description:	Cross-Cultural Psychology is a required course for Psychology students. It is taught in the spring semester (3 hours per week). The content of the course comprises the following: Goals and scope of Cross-Cultural Psychology; historical roots and relations with other disciplines; methodological issues: the emic-etic distinction, levels of analysis, data equivalence; similarities and differences in behaviour across cultures: cognitive styles, intelligence, child development and cultural transmission, personality and social behaviour, values, individualism and collectivism, gender issues, aggressive behaviour; acculturation and intercultural relations. Grading is based on a written exam or, alternatively, a written assignment, i.e., a long essay comprising literature review or a research project on a specific topic (for Erasmus students only).						
E-class:	https://eclass.uoa.gr/courses/PPP100						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY57 – PSYCHODYNAMIC APPROACHES IN PSYCHOTHERAPY						
Faculty:	TBA						
Description:	Psychoanalysis has been the basis for the development of various therapeutic approaches. This course begins with a review of psychoanalysis as a developmental theory, a theory of personality, psychic functioning, and psychopathology, a method of therapeutic intervention, a research methodology and a theory of theories (metapsychology). Major theoretical orientations i.e. Freud's basic positions, The Kleinian approach, The Object Relational School, Ego Psychology, Self-Psychology, The Interpersonal Approach, Inter-subjective Approach, Relational Approach are then discussed. Fundamental principles of psychoanalytic psychotherapy with adults, adolescents and children are presented with clinical examples. Then, psychoanalytic psychotherapy approaches for specific problems such as psychosomatic syndromes, psychosis, eating disorders, and drug addictions are discussed. Research approaches, qualitative and quantitative are reviewed with emphasis on contemporary findings regarding psychotherapy outcome research.						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY58 – COGNITIVE-BEHAVIOUR APPROACHES TO PSYCHOTHERAPY						
Faculty:	Archontoula (Diana) Charila						
Description:	At the beginning, the course focuses on the basic principles of the Cognitive-Behaviour Therapy (CBT) as well as the philosophical and psychological roots of it. The basic elements of the CBT are discussed. Emphasis is given on the cognitive conceptualization approach, the therapeutic relationship, as well as the therapeutic techniques. The course links the theory with the practice through clinical cases.						
E-class:	http://eclass.uoa.gr/courses/PPP204						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	-
Title:	PSY59 - SYSTEMIC APPROACHES TO PSYCHOTHERAPY						
Faculty:	-						
Description:	-						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY60 – SOCIAL INTEGRATION AND CARE OF PEOPLE WITH DISABILITIES AND THEIR FAMILIES						
Faculty:	Vasiliki Sapouna						
Description:	<p>In recent decades, the approach to disability issues and to social integration of the disabled is characterized by a continuous development as a result of the maturation and effectiveness of the claims of the disability movement, as well as the development of scientific knowledge in the field of social and human sciences. This course focuses on the approach of disability based on the combination of the social and systemic theoretical model and the medical model, as well, with priority being given to the emergence of the social dimension. Therefore, the main highlighted points will concern: Introductory definitions/concepts of disability; social integration of the disabled; systemic theory of disability; vulnerable groups of people with disabilities and their families; social stereotypes, stigma; and economic difficulties. Last but not least, another main point to be affected is the concept of the disabled social exclusion, not only as a failure to access goods and services, but at any level involved, as well as all the relevant contemporary research data.</p>						
E-class:	https://eclass.uoa.gr/courses/PSYCH159						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY61 – RESEARCH METHODS IN PSYCHOLOGY						
Faculty:	Kostas Mylonas						
Description:	<p>Basic concepts and Philosophy of Science background; types of and stages in scientific research; selection and formulation of the research problem; construct and operational definitions. Fundamental concepts in sampling and probability theory; sampling methods; extraneous effects on the correlation coefficient. Research designs (exploratory, correlational, causal and experimental), introduction to experimental methodology. Sample selection, probability theory and sample size; extraneous variables, control of extraneous effects. Basic concepts in measurement theory, research instruments and procedures in data collection, research instrumentation (questionnaire, interview, observation methods). Preparation of the research report.</p>						
E-class:	https://eclass.uoa.gr/courses/PPP393						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	WINTER
Title:	PSY62 – STATISTICS IN THE BEHAVIOURAL SCIENCES I						
Faculty:	Kostas Mylonas						
Description:	<p>Statistical analysis as a concept and a tool; variables; measures and metric scales. Probability concepts and variable distributions; distribution forms and properties. The concept of central tendency; the concept of dispersion; central tendency statistics; dispersion statistics. The bivariate distribution and its extension to more than two variables; graphical representation of statistical outcomes. Scatter gram applications and statistical assumptions. The correlation coefficient and its applications. Individual scores' evaluation and standardisation statistics.</p>						

	Introduction to statistical inference: theoretical concepts and inferential statistics designs.
E-class:	https://eclass.uoa.gr/courses/PPP349

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY63 – PSYCHOMETRICS I: PRINCIPLES OF PSYCHOMETRIC THEORY						
Faculty:	Ioannis Tsaousis						
Description:	The aim of this course is to introduce students to the concepts necessary for an understanding of psychological testing. The first part of the course will be devoted to a general introduction of the course material with an emphasis on understanding statistical concepts related to test construction and the psychometric properties of test scores. The second part of the course will focus on the two most important qualities of a psychometric instrument: reliability and validity and how these test characteristics are estimated and applied in practice. Emphasis will also be put on learning the logic and assumptions of how tests scores are interpreted in practice, providing ample opportunity to apply them. The format of the course will include a combination of lectures, class discussions, and projects.						
E-class:	https://eclass.uoa.gr/courses/PSYCH216						

Type:	REQUIRED	Group:	-	ECTS:	5	Semester:	SPRING
Title:	PSY65 – STATISTICS IN THE BEHAVIOURAL SCIENCES II						
Faculty:	Kostas Mylonas						
Description:	General principles and procedures in statistical inference; set theory, combinatorics, probability basics. Theoretical (sampling) distributions. The sampling standard deviation. Confidence limits and parameter estimates; hypothesis testing, statistical criteria and statistical significance, statistical errors and power analysis. Goodness-of-fit tests for single and cross-tabulated frequencies. One-way and two-way analysis of variance (randomized blocks designs). Analysis of covariance. Post-hoc and a-priori comparisons. Parametric and non-parametric statistical methods in analysis of variance designs. Mixed-model analysis of variance designs (within and between subject factors). Statistical significance of the correlation coefficient; statistical significance of the difference between two correlation coefficients. Linear regression analysis. Introduction to exploratory and confirmatory factor analysis and other multivariate techniques.						
Prerequisite:	PSY62 – Statistics in the Behavioural Sciences I						
E-class:	https://eclass.uoa.gr/courses/PPP400						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	PSY66 – EXPERIMENTAL PSYCHOLOGY						
Faculty:	Alexandra Economou						
Description:	The course introduces the students to the experimental method in psychology, both in theory and application, through examples and with the conduction of a short research project. It covers the basic principles of designing and carrying out experiments. The following areas are included: the experimental research approach, defining the research problem, the ethics of research, criteria of causality, types of variables, experimental designs, single subject design, hypothesis testing, and external validity. The course also covers the application of the experimental method through the conduction of a brief experimental research project and the writing of a research report. The ultimate goal of the						

	course is the cultivation of critical thinking in the assessment of experimental studies and the improvement of the ability of the students to select the correct experimental methods in research.
E-class:	https://eclass.uoa.gr/courses/PPP300

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	SPRING
Title:	PSY67 – GENDER PSYCHOLOGY AND MENTAL HEALTH						
Faculty:	Eleni Voursoura						
Description:	This course is an introduction to the psychology of gender providing an overview and analysis of social and psychological research on gender. It explores a wide range of gender issues and topics such as distinction between sex and gender, social roles in terms of gender and gender diversities. The course involves an examination and critique of social and psychological theories and research related to gender, along with the impact of biological and environmental factors on sex and gender differences and dynamics in the physiological, interpersonal and socio-cultural domains. It also emphasizes the origins and consequences of gender stereotypes as well as gender differences and similarities in cognition, personality and social behaviour. Other topics include social and intercultural approach to gender identity, processes of gender socialization, social institutions in matters of gender (family, school, community, organizations), feminism, sexuality, sexism and its dimensions, gender violence and issues of domestic violence. Students in small groups participate to exercises and activities in class.						
E-class:	https://eclass.uoa.gr/courses/PSYCH220						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	PSY68 – PSYCHOMETRICS II: PRINCIPLES AND STAGES IN THE DEVELOPMENT OF PSYCHOMETRIC TOOLS						
Faculty:	Ioannis Tsaousis						
Description:	This course builds on previous courses (i.e., Psychometrics I) that have introduced concepts such as reliability, validity, and norm development. The course is designed to help students to understand the basic principles of test development. During the course, students will become familiar with methods, approaches, and techniques used to develop a new psychometric instrument, such as item analysis, exploratory and confirmatory factor analysis, Item Response Theory (IRT), etc. The emphasis of this course is on the practical steps that should be followed to develop new instruments or adapt already existing scales from one cultural environment to another. Practical applications of the psychometric principles will also be presented in the context of introducing students to statistical software suitable for psychometric analysis.						
Prerequisite:	PSY63 – Psychometrics I						
E-class:	https://eclass.uoa.gr/courses/PSYCH222						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY72 – MULTIVARIATE STATISTIC ANALYSIS						
Faculty:	Kostas Mylonas						
Description:	Fundamental concepts in multivariate research and multivariate statistical analysis. Definition of multivariate assumptions and their testing. The chi-square and the Mahalanobis' D-square criteria in multivariate outliers detection. Sphericity and generalization of the bivariate normal distribution. Introduction to the General Linear Model and its applications. Brief overview of multivariate regression analysis. Principal components analysis. Factor analysis. Cluster						

	analysis. Multidimensional scaling and trigonometric transformations of the solutions. Brief overview of other multivariate statistical methods (canonical correlation, multivariate analysis of variance and covariance, discriminant function analysis). Prior successful attendance of courses PSY62-Statistics in the Behavioural Sciences I and PSY65- Statistics in the Behavioural Sciences II is advised.
E-class:	http://eclass.uoa.gr/courses/PPP428

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	WINTER
Title:	PSY73 – HEALTH PSYCHOLOGY						
Faculty:	Vasiliki (Vasia) Efstathiou						
Description:	The course aims to provide an understanding of the psychological, social, and biological factors that influence health and illness. It examines the factors associated with the onset, progression, and outcome of illness through the lens of the Biopsychosocial model. Additionally, the course explores the factors related to health behaviors such as smoking, diet, alcohol consumption, physical activity, and sleep. Various behavioral models are reviewed, along with the cognitive representations associated with illness. Furthermore, the course covers topics on health promotion and disease prevention, emphasizing the importance of patients' adherence to therapeutic recommendations. Challenges in managing physical illness and the process of grief are also discussed. Finally, the course studies quality of life and well-being in individuals with and without health issues, while addressing the causes and coping strategies for healthcare professionals' burnout.						
E-class:	https://eclass.uoa.gr/courses/PSYCH142						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY74 – SPORT PSYCHOLOGY						
Faculty:	Maria Psychountaki						
Description:	Objectives of the course: The analysis of the psychological concepts that help to monitoring athletic behaviour and maximize athletic effort and performance; information on international research and literature on sports psychology issues; understanding of psychological abilities and skills measurement techniques; familiarization with planning and conduct of research in the field of Sport Psychology. Content of the course: Defining Sport and Exercise Psychology; personality and sport; motivation; arousal, stress and anxiety; improving athletes' performance; psychological skills training; leadership in sport; group cohesion in sport; sport participation and children's psychological development; physical activity and psychological well-being; athletic injuries and psychology; aggression in sport.						
E-class:	https://eclass.uoa.gr/courses/PHED278						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	WINTER
Title:	PSY75 – PSYCHOLOGICAL COUNSELLING IN THE SCHOOL COMMUNITY						
Faculty:	Aikaterini Lampropoulou						
Description:	School psychology and Counselling in the school community: Current developments and the role of school psychologist; approaches in Counselling; levels of Counselling: individual, group, system. Counselling procedure: Stages of Counselling, Counselling skills, special issues. Consultation in the school community: Definition and conceptual approaches; dimensions, characteristics and stages of consultation; theoretical approaches, models of school-based						

	consultation; training of consultants. Psychological interventions for children and adolescents: Group Counselling with children and adolescents. Crisis management Counselling: Types of crisis; phases-stages of crises; goals of crisis management Counselling; general principles of Counselling and crisis intervention; crisis intervention: The role of the school psychologist. Implementation of school psychological services in the school community: The Greek experience.
E-class:	https://eclass.uoa.gr/courses/PSYCH181

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY76 – PREVENTION AND INTERVENTION IN THE FAMILY AND SCHOOL						
Faculty:	Chryse Hatzichristou, Aikaterini Lampropoulou						
Description:	Prevention and promotion of mental health in family and school: Current trends in the provision of Counselling services; theoretical approaches-development of conceptual framework. Current trends in School Psychology: Social and emotional development and education; resilience; positive school climate; school and family collaboration and partnership. Issues related to children's adjustment and support in school and family: Students with chronic illness; family and loss; family and parental separation; family and adoption; children who grow up in institutions. Selected programmes that link theory, research and intervention in schools: The Greek experience.						
E-class:	https://eclass.uoa.gr/courses/PSYCH165						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	WINTER
Title:	PSY78 – APPLIED SOCIAL PSYCHOLOGY						
Faculty:	Vassilis Pavlopoulos						
Description:	Applied Social Psychology is an elective course for Psychology students. The purpose of the course is twofold: First, to familiarize students with the general frameworks and domains of applications of basic social psychological theories, including health and prevention, consumer behaviour, environmental issues, organizations, mass media, law, politics, aggression and violence; and, second, to enhance students' skills on research planning, literature review, and essay writing. Grading is based on a written exam or a written assignment, i.e., a 3,500-word report of a research project on a specific topic.						
E-class:	http://eclass.uoa.gr/courses/PPP107						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	WINTER
Title:	PSY79 – FAMILY AND DEVELOPMENT						
Faculty:	Spyridon Tantaros						
Description:	The main approaches to family study: a short historical review, the General Theory of Systems, family as a system. Family as a frame of child development. Family function assessment. Parenting, communication, roles, dysfunctioning and consequences to child (emotional, learning, etc.).						
E-class:	https://eclass.uoa.gr/courses/PPP374						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	SPRING
Title:	PSY81 – PSYCHOLOGY OF GROUPS						
Faculty:	Antonia (Dona) Papastilianou						
Description:	The course focuses on group processes and the topics examined are: Effect of group on individual performance (mere presence and audience effects: social						

facilitation, classification of group tasks, social loafing, social impact), basic aspects of groups (group cohesiveness, group socialization, norms), group structure (roles, status, communication networks, why do people join groups), social influence (compliance, obedience, conformity, minority influence and social change, group membership and social identity, conversion, social impact and minority influence), intergroup behaviour (realistic conflict, social identity, collective behaviour and the crowd. improving intergroup relations). Finally, topics of leadership and group decision-making are examined (leadership, personality traits, situational perspectives, behaviour of leaders).

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	SPRING
Title:	PSY84 – PSYCHOLOGY OF COMMUNICATION						
Faculty:	Antonia (Dona) Papastylianou						
Description:	The course aims to provide students with a thorough understanding of effective communication in the complexity of modern life. The specific topics examined include the following: Types of human communication. The relationship between Psychology of Communication and other fields of psychology (Social Psychology, Clinical Psychology, Cognitive Psychology, Cybernetics). Definitions of communication. The procedure and process of communication. Noise in communication. Communication and behaviour. Communication and human development. Axioms of human communication. The importance of social context in construing behaviour. Values, needs and goals of communication. Perception. Hearing. Procedures of hearing. Active hearing. Gender, culture and hearing. The self in communication: Self-perception, self-consciousness, self esteem, self-disclosure. Communication and emotions. The psychology of emotions. The role of non-verbal communication. Non-verbal social skills. Therapeutic communication. Interpersonal relationships and communication. Friendship and relationships. Interpersonal conflicts. Communication in small groups. Stages, types of groups. (brainstorming, personal growth groups, information in conflict resolution). Culture and communication. Cultural adaptation. Communication in individualistic and collectivistic cultures. Effective intercultural communication. Grading is based on a written exam as well as on an essay (required) on a given topic (2000 words), or on an extended essay of 3000 words (Erasmus students only).						
E-class:	https://eclass.uoa.gr/courses/PPP614						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	WINTER
Title:	PSY86 – PSYCHOANALYSIS AND LANGUAGE: THEORY AND CLINICAL PRACTICE						
Faculty:	Vassiliki (Lissy) Canellopoulos						
Description:	Psychoanalytic theory and clinic are particularly interested in language, through which actually emerges the subject of speech. Therefore, the content of this course is about the presentation of the relation between language and psychoanalysis. Initially, we mention and highlight the potential Freudian theory for the language, through the work of S. Freud. Thereafter, takes place a presentation of essential elements in linguistics through the theory of Saussure, which Lacan has borrowed and modified, so that he could make possible a presentation of his crucial hypothesis «the unconscious is structured as a language». The Lacanian thought upon the nature and contribution of language in the process of the etiogenesis of the subject and subjectivity undergoes a long evolutionary process, whose illustrations are presented in the course: signifier, signified, value, speech, barrier resisting signification, autonomy of the signified,						

	formations of the unconscious, psychoanalytic sign, linguistic sign, shape of communication. The course is articulated through the elaboration and study of a case of a psychotic child which leads to the non-verbal elements existing in the birth of speech and in the speech as a body metaphor. Moreover, through the elaboration of three cases (of a healthy infant and two clinical cases) the concept and the process of the emergence of the speaking subject are illuminated.
E-class:	https://eclass.uoa.gr/courses/PPP456

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	WINTER
Title:	PSY88 – FUNDAMENTAL PSYCHOANALYTIC CONCEPTS: LACANIAN APPROACH						
Faculty:	Vassiliki (Lissy) Canellopoulos						
Description:	The course consists of the presentation and elaboration of basic psychoanalytic concepts, as introduced and developed in Freud’s and predominantly in Lacan’s work. Therefore, there is a constant reference to the Freudian and Lacanian theory and practice and their relation to the psychoanalytic practice, on one hand through the psychoanalytic conceptual framework regarding the theoretical field, on the other hand through the basic psychoanalytic categories emerging from the psychic processes in clinical practice. The emphasis on the Lacanian teaching illuminates the re-reading of Freud from a theoretical and clinical perspective. Indicative fundamental categories presented in the course are: Oedipus complex, paternal function, paternal metaphor, symptom. Apart from the presentation, definition and elaboration of the above-mentioned concepts, the course is enriched with paradigms and it is related to the Freudian and Lacanian clinical practice (clinical material, case studies).						
E-class:	https://eclass.uoa.gr/courses/PPP454						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY89 – PSYCHOANALYTIC CLINIC: LACANIAN APPROACH						
Faculty:	Vassiliki (Lissy) Canellopoulos						
Description:	The course deepens the theories discussed in PSY46, especially the theories of Sigmund Freud and Jacques Lacan. It initially consists in the presentation and elaboration of the Freudian and Lacanian work in parallel. Then it goes deeper especially into the Lacanian clinical practice. In specific, on the one hand the development of Lacan’s thought and consideration of the constitution of the subject and the choice of the psychic structure and on the other hand the explanation of fundamental concepts and categories of Lacanian psychoanalytic theory are presented as they exist in the conceptual framework of the Lacanian thought and as they emerge in the clinical practice. Therefore, emphasis is laid on the psychoanalytic clinical practice and therapy with the following main reference and deepening points to: symptom, demand-desire, object, jouissance, etiology of the subject, the locus of the analyst, the desire of the analyst. The course is accompanied with several clinical references, study and elaboration of clinical cases in which the fundamental Lacanian categories and the procedure of analytic therapy are illuminated.						
E-class:	https://eclass.uoa.gr/courses/PPP455						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY90 – APPLIED COGNITIVE PSYCHOLOGY						
Faculty:	Petros Roussos						
Description:	This is an elective course that is offered every winter semester. The following topics are covered: History and methods of applied cognitive psychology; memory						

	improvement; everyday memory; face identification; working memory and performance limitations; biological cycles and cognitive performance; drugs and cognitive performance; intuitive statistics, judgements and decision making; dyslexia; human-computer interaction; divided attention and dual-task performance. Student assessment is based on class participation and performance on a written examination and a long essay on a topic of the student's own choice within the areas covered in the course. Reading: Esgate, A., & Groome, D. (2005). <i>An introduction to applied cognitive psychology</i> . Psychology Press. Prior successful attendance of courses PSY32-Cognitive Psychology I and PSY05-Cognitive Psychology II is advised.
E-class:	https://eclass.uoa.gr/courses/PPP164

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY91 – PSYCHOLOGICAL APPROACHES FOR THE INTERVENTION OF LEARNING DISABILITIES						
Faculty:	Fotini Polychroni						
Description:	The aim of this course is to present evidence-based intervention programmes for learning disabilities. The course starts with the theoretical background of reading acquisition, the typical stages of literacy acquisition and the cognitive background of the reading process, the conceptual framework and the taxonomy of learning disabilities and continues with the following thematic units: Psychoeducational programmes for dealing with difficulties in reading accuracy and reading comprehension at an individual level and at a classroom level. The Response to Intervention model. Behavioural and cognitive-behavioural intervention for children with learning disabilities and ADHD. Designing an intervention using Functional Behaviour Analysis. Supporting students with the use of technology. Teaching cognitive and metacognitive strategies. Counselling children and adolescents with learning disabilities. Supporting parents of children with learning disabilities. General principles of programme effectiveness. During lectures examples of specific intervention programmes are described and videos are shown of how these programmes are implemented. During the class, students may take on an optional written assignment concerning the areas discussed.						
E-class:	https://eclass.uoa.gr/courses/PPP291						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	WINTER
Title:	PSY92 – EVALUATION OF COGNITIVE AND LEARNING ABILITIES						
Faculty:	Fotini Polychroni						
Description:	The aim of this course is to familiarize students with the current approaches of assessment cognitive and learning abilities of preschool, primary and secondary school age children. In the course, different types of assessment such as the interview and the observation, standardized and curriculum-based assessment, assessment using electronic equipment are discussed. The course includes methods and assessment tools of (a) cognitive abilities such as intelligence, phonological awareness, memory, executive functions, concentration and attention; and (b) learning abilities such as reading skills, learning strategies, study skills and motivation. Moreover, during the course the ethics of assessment are discussed and the assessment of children with special educational needs. During the lectures, specific tests on the above-mentioned assessment areas are demonstrated. During the class, students may take on an optional written assignment concerning the areas discussed.						
E-class:	http://eclass.uoa.gr/courses/PPP362						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	WINTER
Title:	PSY93 – COUNSELLING PSYCHOLOGY: SPECIAL TOPICS						
Faculty:	Philia Issari						
Description:	Therapeutic realities; open dialogue; ethics and Counselling; addiction; experiential approach; role playing and audio/video/DVD tools. Topics may vary.						
E-class:	https://eclass.uoa.gr/courses/PPP395						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	WINTER
Title:	PSY94 – CURRENT APPROACHES IN COUNSELLING PSYCHOLOGY						
Faculty:	Philia Issari						
Description:	Socio-cultural and historical roots of Counselling Psychology; current theoretical approaches and trends in Counselling Psychology; multicultural Counselling and social justice; narrative Counselling (constructivist and social constructionist approaches); feminist Counselling; experiential approach; role playing and audio/video/DVD tools.						
E-class:	https://eclass.uoa.gr/courses/PPP392						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	ΨΧ95 – QUALITATIVE METHODS IN PSYCHOLOGICAL RESEARCH						
Faculty:	Philia Issari						
Description:	Introduction to qualitative research methods; theoretical and epistemological perspectives and philosophical debates; qualitative methods for data collection; data analysis-thematic analysis; complex questions of validity and reliability in qualitative approaches; search ethics in qualitative research.						
E-class:	https://eclass.uoa.gr/courses/PSYCH209						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY97 – APPLIED ISSUES ON PSYCHOPATHOLOGY OF THE ELDERLY						
Faculty:	TBA						
Description:	The subject addresses three major areas: First, the epidemiology of major mental disorders of the aged population; second, the subtleties of recognizing impaired mental or personality functioning in this population; and third, the myths and stereotypes about aging that interfere with the differentiation of the diagnosis.						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY100 – HEALTH PSYCHOLOGY: CLINICAL INTERVENTIONS						
Faculty:	Vasiliki (Vasia) Efstathiou						
Description:	The course covers a wide range of topics related to medical care and clinical interventions through the lens of Health Psychology. Special emphasis is placed on communication between healthcare professionals and patients or their families, including the development of effective communication skills and techniques for delivering bad news. The course examines models of the doctor-patient relationship, as well as cultural factors influencing medical care. Biopsychosocial parameters and psychological interventions are explored, particularly in patients with physical illnesses such as endocrine disorders, kidney diseases, cancer, cardiovascular, and digestive disorders, as well as hospitalized patients. Stress-related dimensions and its management are also discussed, along with various coping strategies. Finally, the course addresses the topic of pain, the psychological processes associated with it, and its management.						

E-class: <https://eclass.uoa.gr/courses/PSYCH143>

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY101 – INTRODUCTION TO PSYCHOANALYSIS: THEORY & PRACTICE						
Faculty:	Piliou-Dimitris Stavrou						
Description:	The purpose of the course is to introduce the student to the basic dimensions of contemporary psychoanalytic theory and practice. The history of the psychoanalytic movement is presented beginning with work of Sigmund Freud and including the most fundamental approaches that followed (Melanie Klein, Anna Freud, Donald Winnicott, Wilfred Bion, etc.) Psychoanalytic cases are presented so that the student is exposed to the psychoanalytic approach in the context of clinical practice. Basic concepts such as transference and counter-transference, mechanisms of defence, dreams, resistance, interpretation and termination are studied through clinical examples. Clinical dilemmas including therapeutic impasse, enactment, acting-out and the negative therapeutic reaction are described in detail. Current research approaches i.e. the case study, outcome research, process research, developmental research and conceptual research are presented and discussed.						
E-class:	https://eclass.uoa.gr/courses/PHYCH106						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY102 – PSYCHO-EDUCATION OF THE FAMILY ON AGING						
Faculty:	TBA						
Description:	The vast majority of frail older adults do not reside in institutions but in community, where the major channel for assistance is family members. Family caregivers have been identified as the “hidden victims”, experiencing emotional burden, in addition to their caregiving responsibilities. The specific interventions designed for them include psychosocial support, information on the dementia and depression, as well as problem identification related with either of them.						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY103 – SPECIAL ISSUES IN CLINICAL PSYCHOLOGY						
Faculty:	Archontoula (Diana) Charila						
Description:	The course focuses on various issues of Clinical Psychology such as: Basic principles of Community Clinical Psychology, mental illness and social stigma, basic principles of psychosocial support on issues related to sexual orientation and sexual identity, grief management, Mental Imagery techniques, women’s counselling.						
E-class:	https://eclass.uoa.gr/courses/PSYCH144						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	WINTER
Title:	PSY104 – SPECIAL ISSUES IN HEALTH PSYCHOLOGY						
Faculty:	Vasiliki (Vasia) Efstathiou						
Description:	The course focuses on significant topics in health psychology across the lifespan, with particular emphasis on infancy, childhood, and adolescence. It covers health promotion and prevention strategies for children, with special attention to preventive screenings, such as for the human papillomavirus (HPV), and interventions aimed at reducing accidents and injuries. Psychosomatic symptoms and mental disorders linked to stressful life events are also explored. The course examines the impact of physical illnesses on children or adolescents and their						

	families, including parents and healthy siblings. Furthermore, it addresses support interventions for hospitalized children and adolescents, including strategies to prepare them for hospitalization and surgery. Special focus is placed on the psychosocial factors and clinical interventions for children with chronic illnesses such as diabetes, asthma, epilepsy, and cancer. The course also examines the challenges of coping with grief and death, with particular emphasis on grieving children and those in terminal stages of illness. The concept of unrecognized or "silent" grief is analyzed, and appropriate interventions are discussed to support both the child and their family through this difficult process.
E-class:	https://eclass.uoa.gr/courses/PSYCH253

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY105 – CAREER ASSESSMENT AND GUIDANCE OF PEOPLE WITH DISABILITIES						
Faculty:	TBA						
Description:	This course introduces the students to theory and practice of career counselling. It analyses clients' demands, the underlying problems, the counsellor-client interaction, and the necessary counselling skills. Additionally, the stages of screening, contracting, and exploring are discussed. Furthermore, the course examines how the use of tests, questionnaires, and occupational information can assist the process of career counselling. Finally, special issues are examined, e.g.: career counselling in organizations, borders between career and personal counselling, professional challenges and dilemmas that career counsellors face, and self-management for career counsellors.						
E-class:	http://eclass.uoa.gr/courses/PPP509						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	PSY106 – NEUROPSYCHOLOGY II						
Faculty:	Alexandra Economou						
Description:	The course focuses on the neuroplastic properties of the brain through the examination of a series of acquired, neurodegenerative and neurodevelopmental disorders. It covers the basic mechanisms of neuroplasticity and the way in which these mechanisms may lead to dysfunctional neuroplasticity but also contribute to recovery. The course is divided into 6 units: Basic principles of neuroplasticity. Neuroplasticity of pain, vision, and audition. The neurodegenerative-progressive disorders (the dementias, Parkinson's disease, Multiple Sclerosis). The acquired disorders (head injury, cerebrovascular accident). The developmental disorders. Rehabilitation. The course includes representative clinical examples, a description of the symptoms that characterize each disorder, the pathophysiology of each disorder, mechanisms of neuroplasticity that are involved in the symptomatology and rehabilitation, prognosis and therapeutic interventions.						
Prerequisite:	PSY37 – Neuropsychology I						
E-class:	https://eclass.uoa.gr/courses/PPP301						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	PSY109 – PSYCHOLOGY OF THE INTERNET						
Faculty:	Petros Roussos						
Description:	The module focuses on the research in Cyberpsychology which studies human interaction through the Web and social media. Cyberpsychology examines closely other technologies too, including mobile computing, gaming, artificial intelligence, virtual reality and augmented reality, but the internet has undoubtedly become ubiquitous in 21st century living. It's therefore not						

	surprising that there is growing interest in learning about the role of the internet in our day to day lives. Do we behave differently online? How do we deal with impression management online? How is the internet used to initiate and maintain relationships? During this module we will look at research and theories which attempt to help us understand the answers to these types of questions. We will look at how people behave online, the strategies that are used online to develop one's identity, and the attributes of the internet that contribute to positive outcomes (e.g., developing relationships) and negative outcomes (e.g., internet addiction).
E-class:	https://eclass.uoa.gr/courses/PPP276

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	PSY114 – ETHICS IN PSYCHOLOGY						
Faculty:	TBA						
Description:	Psychology has not only a scientific and social dimension but also a moral. This means that psychologists must take the ethical dimension of the science of Psychology into account in all application of Psychology, such as psychotherapy, counselling, teaching and empirical research, in order to have positive results and contribute to prosperity of society. Codes of ethics in Psychology refer to values such as respect of human, his/her mental integrity and dignity, regardless of any of his/her peculiarities/differentiations, seeking the lawful application of the knowledge of Psychology by all those who have the title of psychologist, men and women in any professional context, as well as to reduce the risks of possible harmful application of scientific knowledge. This course focuses, first, on the application of moral values and principles to all the objectives and aims of scientific research and applications of the science of Psychology; and second, in specific applied ethical issues, such as taking an individual history, the legal framework of Psychology and the consequences of code of ethics breach.						
E-class:	https://eclass.uoa.gr/courses/PSYCH218						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	SPRING
Title:	PSY115 – FORENSIC PSYCHOLOGY						
Faculty:	TBA						
Description:	The objective of the module is the understanding of the applications of Psychology to the judicial system, the enrichment of knowledge regarding a variety of issues that emerge from the field of Forensic Psychology and the critical evaluation of recent research findings. The content of the module includes the psychology of violence and aggression, victimology, the association between mental health and crime, the role of the expert witness in courts and the role of the forensic psychologist within forensic settings and the Police. Upon completion of the module, students gain critical competence in psychological theories for the etiology of criminal behaviour, and they also demonstrate comprehension upon the applications of psychology in courtrooms and its contribution to police practice. Finally, they are able to recognize the consequences of crime in terms of planning effective interventions.						
E-class:	https://eclass.uoa.gr/courses/PSYCH211						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	WINTER
Title:	PSY116 – POLITICAL PSYCHOLOGY						
Faculty:	Vassilis Pavlopoulos						

Description:	Political Psychology is an applied field of social psychological research that seeks to understand how people participate in political processes. The course provides an overview of the basic theories, methods, and applications of Political Psychology. The multiple aspects of political participation and their determinants, the formation and change of political attitudes, politicized identities and collective action are some of the phenomena examined. Questions are raised, such as: How do people form their political opinions? What psychological biases and heuristics shape how people make political choices? How do individual differences and social status relate to political orientation? What role do emotions, such as fear, anger and hope, play in political life? How do group identities and intergroup dynamics shape political behavior and conflict? The course utilizes a variety of methods, including lectures, discussions, case studies, and in-class student presentations. Upon completion, students are expected to have a deeper understanding of the psychological underpinnings of political phenomena and the ability to critically analyze political issues from a psychological perspective.
E-class:	https://eclass.uoa.gr/courses/PSYCH263

Type:	REQUIRED	Group:	-	ECTS:	12	Semester:	WINTER & SPRING
Title:	PSY117 & PSY118 – INTERNSHIP PRACTICE						
Faculty:	Vassiliki Sapouna, Diamanto Filippatou, Archontoula (Diana) Charila, Piliou-Dimitris Stavrou, Eleni Vousoura						
Description:	The purpose of the Internship Practice is to familiarize students with the professional work of the psychologist. This is achieved by observing professional psychologists in actual work settings; and by carrying out limited tasks under supervision, i.e., with the responsibility and under the guidance of an approved psychologist. Students are exposed to activities relevant to the professional work of a psychologist, such as psychological assessment, counselling, psychotherapy sessions, professional meetings, educational events (e.g., seminars), and administrative tasks. The internship practice lasts 200 hours. It takes place during the fourth year of studies, within a period of no less than two months, and it is rated on a pass/fail basis. The Internship Practice Committee is assigned with the organization and coordination of the procedure, which involves a preparatory seminar, positioning of students to vacancies, communication with the units, and accreditation of students.						
E-class:	https://eclass.uoa.gr/courses/PPP135						

Type:	ELECTIVE	Group:	-	ECTS:	16	Semester:	WINTER & SPRING
Title:	PSY119 & PSY120 – DEGREE THESIS						
Faculty:	Faculty						
Description:	During semesters 7 and 8 students can conduct a degree thesis on a psychological research topic under the supervision of a faculty member of the Department of Psychology. The choice of the research topic is an issue of collaboration with the supervisor and it has to be reported to the Secretariat of the Department of Psychology at the beginning of the semester of study. Final approval of the degree thesis is given by a two-member examining committee.						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY123 – LANGUAGE DIFFICULTIES: ORIENTATION, ASSESSMENT AND INTERVENTION						
Faculty:	Asimina Ralli						

Description:	This module introduces students to the research field of language difficulties, focusing on terminology issues, classification and causal models of language difficulties. An emphasis is given on the developmental (cognitive and psychosocial) characteristics of children with Developmental Language Disorder, as well as issues of school adjustment. Emphasis is also placed on the relationship between developmental language disorder and other developmental disorders (ASD, dyslexia, etc). Finally, issues of identification, assessment (criteria and psychometric tools) and intervention programs at both individual and group level are discussed
E-class:	http://eclass.uoa.gr/courses/PPP603

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	-
Title:	PSY124 - SPECIAL TOPICS IN SCHOOL PSYCHOLOGY						
Faculty:	-						
Description:	-						

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	WINTER
Title:	PSY125 – SCHOOL EFFECTIVENESS: COLLABORATION OF SCHOOL, FAMILY AND COMMUNITY						
Faculty:	Vasiliki Nikolopoulou						
Description:	The aim of the course is to explore basic concepts and principles related to the General Theory of Systems, along with specific applications in school community towards the perspective of school system effectiveness. At the same time, emphasis is placed on concepts such as typology of educational leadership, availability in change and commitment (administration staff, pupils and teachers) as well as the ways in which they contribute to school daily routine. The course is enriched by case studies. An optional work is delivered to the students for the final course assessment.						
E-class:	https://eclass.uoa.gr/courses/PSYCH166						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY126 – SCIENTIFIC WRITING						
Faculty:	Eleni Voursoura						
Description:	The aim of the course is to prepare the students for the task of writing a scientific paper. The lectures cover a number of topics, such as the foundation of research questions and hypotheses, the review and organization of the literature, and the compliance with the ethical rules for academic writing. Instructions are also given regarding the structure of the manuscript, the writing style of different chapters of a research paper (i.e., method, results), the handling of references and special formatting issues (i.e., tables and figures). The guidelines of the most recent version of the Publication Manual of the American Psychological Society are adopted. Students have the chance to practice their knowledge and skills by undertaking exercises on an optional basis. Successful completion of the course is recommended for conducting a degree thesis in the fourth year of study.						
E-class:	https://eclass.uoa.gr/courses/PSYCH167						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	WINTER
Title:	PSY127 – APPLIED CROSS-CULTURAL PSYCHOLOGY						
Faculty:	Antonia (Dona) Papastylianou						

Description:	The aim of the course is to familiarize students with applied aspects of Cross-Cultural Psychology in various fields taking into account the role of culture in the study of human behaviour across different ethnocultural groups. Issues of methodology and analysis of the external and internal reference frames of social behaviour are discussed, such as the role of values, social cognition and social axioms. The following topics are also covered: The major theories of personality, the individual in context, and non-Western concepts that describe personality; emotions, their components and cultural rules of expression; theoretical models of acculturation, acculturation outcome and related methodological issues; intercultural relations, multiculturalism, basic theories and concepts; intercultural communication and intercultural competence; intercultural education; mental health and the role of culture in the use of taxonomic systems of psychopathology; culture and psychotherapy; and health behaviours in relation to economic factors and culture.
E-class:	https://eclass.uoa.gr/courses/PPP591

Type:	ELECTIVE	Group:	I	ECTS:	4	Semester:	SPRING
Title:	PSY128 – PSYCHOPEDAGOGICAL INTERVENTIONS FOR CHILDREN AND ADOLESCENTS WITH SPECIAL EDUCATIONAL NEEDS OR DISABILITY						
Faculty:	Diamanto Filippatou						
Description:	The aim of the course is to acquaint students with modern psychopedagogical and psychosocial interventions to effectively address learning difficulties and the adaptation of students with special educational needs and/or disability in the school context. The course focuses on the cases of students with intellectual disabilities, autism spectrum disorder, attention deficit disorder and/or hyperactivity disorder (ADHD), behavioural and psychosocial adjustment problems, as well as on students with sensory impairment (vision and hearing). Emphasis is placed on strategies and techniques for adapting and diversifying the teaching and learning environment, designing individualized educational and intervention programmes aimed at developing psychosocial skills for the inclusion of students with the above special educational needs in general education units. Counselling and psychopedagogical interventions are discussed with families of children with special educational needs and/or disability. Through case studies and applied examples, the understanding of the basic psycho-pedagogical approaches is sought in the light of a systematic model of school intervention for children with special educational needs and/or disability, their parents and teachers. As an option, students may conduct a project based on literature review.						
E-class:	https://eclass.uoa.gr/courses/PSYCH208						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	WINTER
Title:	PSY129 – PSYCHOLOGICAL ASSESSMENT: PRINCIPLES, METHODS, AND APPLICATIONS						
Faculty:	Ioannis Tsaousis						
Description:	This course aims to introduce students to the principles and practice of psychological assessment. The course will focus on a small number of widely used norm-referenced tests of intellectual ability (e.g., Weschler Adults Intelligence Scale-IV, WAIS-IV), work aptitudes, personality (e.g., Minnesota Multiphasic Personality Inventory 2, MMPI-2), vocational interests (e.g., Self-Directed Search, SDS), attitudes, and values, and how these tests are used individually and in combination as part of psychological assessment in organizations. Students will						

	become familiar with the strengths, limitations, interpretation, and presentation of findings from various assessment instruments and learn assessment planning and report writing skills. In addition, students will learn about the ethical and social implications of assessment in various contexts, including socially and linguistically diverse populations. Finally, opportunities for practice administration of assessment tools will be provided.
E-class:	https://eclass.uoa.gr/courses/PSYCH217

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	PSY130 – ADVANCES IN PSYCHOMETRICS: THE ITEM RESPONSE THEORY						
Faculty:	Ioannis Tsaousis						
Description:	This course targets at providing advances and developments in measurement, and specifically in the Item Response Theory (IRT). In this course, students will learn the core concepts and techniques of item response theory (IRT) which underlie current test design strategies, psychometric analyses, and evaluation of assessment instruments. The course covers the following five key topics: Item Characteristic Curves, Item & Test Information, Item fit & Person fit, Item Banking: Scaling and Linking, and Computerized Adaptive Testing. While much of the course will be theory-oriented, some technical and practical details that facilitate understanding the IRT and highlight its advantages over classical test theory (CTT) will be provided.						
E-class:	https://eclass.uoa.gr/courses/PSYCH223						

Type:	ELECTIVE	Group:	II	ECTS:	4	Semester:	SPRING
Title:	PSY131 – INTERDISCIPLINARY - INTERPROFESSIONAL COLLABORATION						
Faculty:	Vasiliki Sapouna						
Description:	The purpose of this course is the encouragement of the students through the acquisition of knowledge and skills, which are crucial for the development of collaborative relationships with practitioners of different professional backgrounds (e.g., medical and nursing staff, social workers, occupational therapists, speech therapists, teachers) in order to engage with patients, their families, carers and communities and ultimately provide them with the highest quality of care.						
E-class:	https://eclass.uoa.gr/courses/PSYCH228						

Type:	ELECTIVE	Group:	IV	ECTS:	4	Semester:	SPRING
Title:	PSY132 – CONTEMPORARY THEMES IN APPLIED PSYCHOLOGY						
Faculty:	TBA						
Description:	This course, which mostly meets the educational needs of incoming ERASMUS+ and CIVIS students, aims to examine some of the most contemporary topics in the discipline of applied psychology. Applied psychology investigates the use of psychological methods and findings of scientific psychology from various sub-fields –including, among others, healthcare, education, social services, criminal justice– with an aim to solve practical problems of human behaviour and experience. The course focuses on a different area of application in each academic semester. In the current semester, the focus will be in the application of psychology in criminological and legal settings. The course will include a broad illustration of the psychology of violence and aggression across the life course. Specific topics that will be covered include biological and psychological models of criminal behaviour, victimology, the relationship between mental illness with						

	crime. Abuse, rape, domestic violence, femicide, and hate crimes are also included, from a theoretical and practical approach.
E-class:	https://eclass.uoa.gr/courses/PSYCH238

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	WINTER
Title:	PSY134 – CREATIVITY AND SOCIAL INTERACTION						
Faculty:	Aikaterini Gari						
Description:	This course focuses on the nature of human creativity, in relation to creative thinking, relevant skills, personality characteristics, intrinsic motivation and interests, and how they are developed through a multilevel dynamic interaction with environment. The basic terms of creative thinking, creativity and creative learning at school are presented, along with the social and cultural variables they may function as facilitators or barriers for their development. Creativity assessment and scales of divergent thinking and creativity, along with the fundamental criteria for creativity measurement are also analyzed. Creativity is also associated with giftedness and talents, while some important models of giftedness (Renzulli, Heller, Monks, Tannenbaum, Ziegler, etc.) are presented towards the perspective of gifted students' support and the general frame of self-development, self-awareness, and well-being of all students in school system. Criteria of giftedness identification and scales of attitudes towards giftedness in school community are also discussed, theoretically and also through cases of creative and gifted students.						
E-class:	https://eclass.uoa.gr/courses/PSYCH134						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	WINTER
Title:	PSY135 - SPECIAL ISSUES IN ORGANIZATIONAL PSYCHOLOGY: ORGANIZATIONAL CLIMATE AND ORGANIZATIONAL CULTURE						
Faculty:	Athina Xenikou						
Description:	Definition of the concepts and relationship of organizational culture with organizational climate. Quantitative and qualitative approaches to the study of organizational climate and organizational culture. The controversy regarding the use of qualitative or quantitative research methods. Levels of analysis and study of organizational culture: the individual, group, and organizational levels of analysis. Measurement and evaluation of organizational climate and organizational culture. Processing of quantitative and qualitative data regarding the evaluation of the climate and culture of organizations. Evaluation of the individual dimensions of organizational climate and organizational culture. Definition and measurement of high-performance, innovative, and safety cultures. How is an organizational culture created and how does it change? Primary mechanisms of establishment. Secondary mechanisms of structuring and reinforcement. The existence of subcultures within an organization: dominant culture, augmentative, orthogonal, and counterculture. The impact of leadership in shaping, reinforcing, and changing organizational culture. The impact of organizational culture on the ability to exercise leadership. Culture and performance of individuals, groups, and the organization as a whole.						
E-class:	https://eclass.uoa.gr/courses/PSYCH249						

Type:	ELECTIVE	Ομάδα:	II	ECTS:	4	Semester:	SPRING
Title:	PSY136 - PREVENTION AND HEALTH PROMOTION						
Faculty:	Vasiliki (Vasia) Efstathiou						

Description: The course "Prevention and Health Promotion" covers the fundamental principles of prevention and health promotion, with references to the historical development, definitions, research methods, and epidemiological indicators used to monitor population health. The course outlines theoretical models related to health promotion and analyzes the different levels of prevention in both physical and mental health. Health behaviors are examined, as well as the contribution of Health Psychology in managing them, along with behavior change models at the individual, interpersonal, group, and organizational levels. Particular emphasis is placed on the design, implementation, and evaluation of prevention and health promotion programs, considering ethical and deontological issues. Finally, the course explores the application of these programs in various settings, such as hospitals and communities, and their relevance to special and vulnerable populations.

E-class: <https://eclass.uoa.gr/courses/PSYCH256>

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	-
Title:	PSY137 - DYNAMICS OF THE WORK ENVIRONMENT						
Faculty:	-						
Description:	-						

Type:	ELECTIVE	Group:	III	ECTS:	4	Semester:	-
Title:	PSY138 - LEADERSHIP AND TEAMS IN ORGANIZATIONS						
Faculty:	-						
Description:	-						

POSTGRADUATE STUDY

POSTGRADUATE PROGRAMME IN CLINICAL PSYCHOLOGY

The Postgraduate Programme in Clinical Psychology was established in 1996-97 under the auspices of the Faculty of Philosophy, Education and Psychology of the National and Kapodistrian University of Athens. Since then the programme has been revised in 2004, 2007, 2010 and 2015. The programme is currently under the auspices of the Department of Psychology of the National and Kapodistrian University of Athens.

1. Aim

The aim of the Postgraduate Programme in Clinical Psychology is to provide students with fundamental knowledge and skills in the field of Clinical Psychology. Based on the scientist-practitioner model, the course of study focuses on assessment, intervention, prevention and research with emphasis on linking theory and practice. Assessment, intervention, prevention and research focuses on all social and ethnic-cultural groups across the life span.

2. Postgraduate degree

The Postgraduate Programme in Clinical Psychology leads to: (a) the Master's degree in Clinical Psychology; and (b) the Ph.D. in Clinical Psychology. The duration of the Programme for acquiring a Master's degree is three years (six teaching semesters). Three additional semesters are required for the Ph.D. degree.

3. Candidate selection

The maximum number of students enrolled in the Programme each year is limited to 25. The following qualifications are required for admission to the Programme:

- a) Level of achievement in written examinations in the following three areas: Research Methods-Statistics, Theories of Personality, Clinical Psychology. Candidates who are successful in the written examinations are invited to an interview with the committee.
- b) An undergraduate degree in Psychology from a national university of Greece or a respective institution abroad, as assessed and officially recognized by the National Academic Recognition Information Centre. Students in the last stage of their studies who are about to acquire their degree prior to the final selection of candidates for the Postgraduate Programme are also considered.
- c) Adequate knowledge of at least one European language, with official documentation.

For the assessment of candidates, the following are also taken into consideration:

- a) Three reference letters from faculty members who had personal contact with the applicant
- b) Research studies, oral presentations and publications of the candidate and/or any other scientific activity of the candidate.

Final selection of candidates is made by taking into consideration all of the above

4. Programme of study

The Programme includes lectures, seminars, individual study, research, preparation of a thesis, as well as practicum of 2500 hours in Mental Health Centres, Psychiatric and General Hospitals. The practicum begins in the second of year of study, three days/weekly and continues in the third year, five days/weekly.

The programme of studies requires:

- Successful completion of series of seminars described in more detail below.
- Preparation of a thesis based on quantitative or qualitative research. Following submission of a research proposal that must be approved by the Postgraduate Programme's Education Committee, the research is conducted under the supervision of a faculty member of the

Psychology Department and is then presented to a three-member committee designated by the Programme's Education Committee.

Courses begin in the middle of October of each academic year and continue until the end of June. Courses are taught by academic faculty members of the Department of Psychology and by other colleagues designated by the Programme Committee. Courses are taught in the Greek language

Course attendance is mandatory for all seminars. Students are evaluated either by written and/or oral examinations or by written and/or oral presentations. If the student is unable to comply with examination requirements, s/he has the right to be re-examined in September.

If the student has failed more than two courses at the beginning of the 2nd year of studies, s/he may be asked to leave the programme depending on the decision of the Programme Committee. If the student, after seven semesters from enrolment, has not been successfully completed all courses, s/he may be asked to leave the programme depending on the decision of the Programme Committee. This minimum time may be extended with a decision of the Programme Committee, following a justified application of the student. In the event that the student is asked to leave the programme, the student will receive only a certificate of attendance for the courses s/he has successfully completed.

The Degree Thesis is submitted after six semesters from enrolment, at maximum. This minimum time may be extended by a decision of the Programme Committee, following a justified application of the student.

Students who complete all examinations, clinical practicum and research obligations within the set time schedule, receive a "Diploma in Clinical Psychology".

5. Curriculum

<i>Semester 1</i>		
Courses	TU	ECTS
Current Diagnostic Systems of Psychopathology Diagnostic & Statistical Manual of Mental Disorders, 5 th Edition, DSM-5 & International Classification of Diseases, 10 th Edition, ICD-10	3	3
Psychopathology I: Psychodynamic Approach to Adult Psychopathology	3.5	6
Psychopathology II: Psychodynamic Approach to Child and Adolescent Psychotherapy	3.5	6
Assessment Methods I: Cognitive Assessment (WAIS, WISC, WPPSI, Stanford – Binet, Raven's Progressive Matrices)	3.5	6
Ethics	3	4
Neuropsychology	3	3
Basic Principles of Psychopharmacology	3	2
Total	21.5	30
<i>Semester 2</i>		
Courses	TU	ECTS
Psychotherapy I: Psychodynamic Approach to Adult Psychotherapies	3.5	6
Psychotherapy II: Psychodynamic Approach to Child and Adolescent Psychotherapies	3.5	6

Assessment Methods II: Projective Methods -Clinical Interview	3	4
Group Psychology and Group Psychotherapy	3	4
Assessment Methods II-MMPI	3	3
Neuropsychological Assessment for Adults and Children	3	3
Current issues in Clinical Psychology	3	4
Total	22	30

Semester 3

Courses	TU	ECTS
Psychopathology III: Cognitive-Behavioural Approach to Adult Psychopathology	3.5	6
Psychopathology IV: Cognitive-Behavioural Approach to Child and Adolescent Psychopathology	3.5	6
Qualitative Research Methods in Clinical Psychology	3	4
Assessment Methods III: Personality-Psychopathology	3	4
Statistics and Quantitative research methods I	3	4
Clinical Practicum	24	6
Total	40	30

Semester 4

Courses	TU	ECTS
Psychotherapy III: Cognitive Behavioural Approach to Adult Psychotherapy	3.5	6
Psychotherapy IV: Cognitive Behavioural Approach to Child and Adolescent Psychotherapy	3.5	6
Assessment Methods IV: Personality-Psychopathology (Rorschach, TAT, CAT, Drawing, DUSS)	3	3
Family and Couples Therapy	3	3
Statistics and Quantitative research methods II	3	3
Clinical Health Psychology-Psychosomatics	3	3
Clinical Practicum	21	6
Total	40	30

Semester 5

Courses	TU	ECTS
Community Mental Health Services Function and Interdisciplinary Interconnection	3	4
Assessment Methods IV: Synthesis-Report	3	4
Clinical Practicum	35	12
Thesis Research		10

Total	41	30
Semester 6		
Courses	TU	ECTS
Assessment Methods V: Clinical Practicum Synthesis-Report 3	3	4
Community Clinical Psychology-Prevention 3	3	4
Clinical Practicum 35 hours/week	35	12
Thesis Research		10
Total	41	30
Total ECTS for 6 semesters		180

6. Contact

Secretariat: Christos Balikos

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POSTGRADUATE PROGRAMME IN CYBERPSYCHOLOGY

The **Postgraduate Programme in Cyberpsychology** was established in 2022 (Gov. Gazette 1997, vol. B/20-04-2022) and officially accepts students as from the academic year 2022-2023.

1. Aim

The interdisciplinary field of Cyberpsychology focuses on the study of mental processes, as well as of social and individual psychological phenomena that emerge in light of advances in digital technology, especially the Internet.

The purpose of the Postgraduate Programme in Cyberpsychology is to educate and train scientists in Cyberpsychology, taking into account the state of the art in the field.

2. Postgraduate degree

The Postgraduate Programme in Cyberpsychology awards a Master's degree (MSc) in Cyberpsychology.

3. Programme of study

A total of 90 credits (ECTS) are required to obtain a MSc in Cyberpsychology.

Students must attend and pass a number of postgraduate courses, give oral presentations, write scientific essays, and submit a postgraduate thesis based on their own original research.

Lectures are held in Greek and English.

The duration of the Postgraduate Programme in Cyberpsychology is three academic semesters. Courses are as follows:

<i>Semester 1</i>		
<i>Required courses</i>	<i>TU</i>	<i>ECTS</i>
Social Psychological Issues in Cyberspace I	2	6
Developmental Challenges in Internet Use I	2	6
Contemporary Issues in Cyberpsychology I	2	6
Brain and Behaviour in the Digital World	2	6
Digital Research Methods	2	6
Total	10	30
<i>Semester 2</i>		
<i>Required courses</i>	<i>TU</i>	<i>ECTS</i>
Social Psychological Issues in Cyberspace II	2	6
Developmental Challenges in Internet Use II	2	6
Pathological Use of the Internet	2	6
Statistics in Applied Psychology	2	6
<i>Optional courses (students select one)</i>	<i>TU</i>	<i>ECTS</i>
Artificial Intelligence	2	6
Psychology of Everyday Technology	2	6

Digital Technologies in Education	2	6
Cybercrime/Internet Security	2	6
Total	10	30

<i>Semester 3</i>		
<i>Required courses</i>	<i>ΔM</i>	<i>ECTS</i>
Master's Thesis		24
Contemporary Issues in Cyberpsychology II	2	6
Total	40	30
Total ECTS for 3 semesters		90

4. Programme Committee

- Associate Professor Petros Roussos (Chair)
- Professor Antonia (Dona) Papastylianou (Vice Chair)
- Professor Vassilis Pavlopoulos
- Associate Professor Asimina Ralli
- Assistant Professor Ioannis Tsaousis

5. Contact

Secretariat: Athanasia Papadimitriou



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✉ cyberpsychology@psych.uoa.gr

🌐 <https://cyberpsychology.psych.uoa.gr/>

POSTGRADUATE PROGRAMME IN SCHOOL PSYCHOLOGY

1. Aim

The **Postgraduate Programme in School Psychology**, Department of Psychology at the National and Kapodistrian University of Athens has two tracks:

- “School Psychology” and
- “Applications of Psychology in the School Community”

with separate goals regarding training of postgraduate students. The goal of the Postgraduate Programme in School Psychology is the training of students in School Psychology, according to current international trends and practices in School Psychology and current educational, psychosocial and multicultural needs of school communities based on a scientist-practitioner model.

It is based on the multidimensional role of the school psychologist regarding: a) the psychodiagnostic assessment and Counselling of students, b) the consultation and collaboration with all members of the school community (educators, mental health specialists, parents, etc.), c) the development, implementation and evaluation of prevention and intervention programmes and school-family-community collaboration, d) the enhancement of positive relationships, resilience and well-being in school community, e) the intercultural acceptance, understanding and accepting diversity and advocacy for the needs and rights of children, and (f) crisis management in the school community.

The track of "School Psychology" provides professional psychologists with specialized training in order to work in mainstream schools, in schools of Special Education, Assessment and Counselling centres, Refugee Reception and Education Facilities, High Schools of Intercultural, Music and Arts Education, and in Community Mental Health Centres as school psychologists.

The track of “Applications of Psychology in School Community” aims to train teachers and provide them with specialized knowledge based on the interconnection of theory, research and practice at the context of the scientist-practitioner model of School Psychology. This model is based on current trends of Psychology and the current educational, psychosocial and multicultural needs of school community, related to: a) the learning, positive development and adjustment of all students in school, b) the learning, adjustment and support of students with special educational needs, (c) promotion and enhancement of teachers’ role as consultants, (d) implementation of prevention and intervention programmes and crisis management programmes in the school community, (e) cooperation among all members of school community at the context of multidisciplinary teams, and (f) intercultural understanding and acceptance and advocacy for the needs and rights of children and adolescents.

2. Candidate selection

On average, 30 students are accepted into the programme every year. Programme applicants can be graduates from psychology or education departments. Candidates for the track of «School Psychology» are graduates of Departments of Psychology from a national university of Greece or a respective institution abroad, officially recognized by the National Academic Recognition Information Centre. Candidates for the track of “Applications of Psychology in School Community” are graduates of Departments of Education, Departments of Special Education, Departments of Philosophy, Pedagogy and Psychology, Departments of Philology, Departments of History and Archaeology, Departments of English/French/German/Italian/Spanish Language and Literature, Departments of Theatrical Studies, Department of Music Studies, Department of Social Administration (Social Work direction) and the Departments of Early Childhood Care, Social Work, Speech Therapy and Occupational Therapy.

Candidates are required to successfully complete written examinations in two subjects (i.e. “social psychology and interpersonal dynamics” and “developmental psychology and psychopathology”) and an interview. Students who obtain a master’s degree, may register for the PhD programme.

3. Programme of study

The school psychology programme requires the successful completion of the following:

1. academic courses and seminars/workshops
2. practicum& internship and
3. a Master's Thesis.

The courses utilize the European Credit Transfer and Accumulation System (ECTS) that facilitates student mobility across Europe. One hundred twenty ECTS are required for the master's degree. The Degree Thesis typically is an original small-scale empirical study carried out under the supervision of a faculty member.

Programme of Study in "School Psychology"

Semester 1		
Courses	TU	ECTS
School Psychology: Current approaches and trends	3	8
Developmental Psychology: Current approaches and applications	2	5
Cross-cultural Social Psychology in school community	2	5
Research Methods and Statistics I	2	6
Assessment of children's and adolescents' cognitive abilities	2	6
Total	11	30
Semester 2		
Courses	TU	ECTS
Developmental Neuropsychology	2	4
Students with special educational needs: Current approaches and interventions in special educational settings	3	5
Counselling and Mental health consultation in school community: Theoretical approaches and applications	3	5
Psychodiagnostic evaluation in mainstream and special education schools	3	5
Applied Developmental Psychopathology	2	3
School Psychology Practicum I		4
Supervision – School Psychology Practicum I	3	4
Total	16	30
Semester 3		
Courses	TU	ECTS
Prevention and Intervention evidence-based programmes in mainstream and special education schools	2	3
Research Methods and Statistics II	2	3
Seminar: Special topics in School Psychology	3	3
Psychological and Psychotherapeutic Interventions in school community	2	3
School Psychology Internship II		14

Supervision II – School Psychology Internship II	3	4
Total	12	30

Semester 4

<i>Courses</i>	<i>TU</i>	<i>ECTS</i>
School Psychology Internship III		15
Supervision III – School Psychology Internship III	3	5
Master’s Thesis		10
Total	3	30
Total of ECTS for 4 semesters		120

Programme of Study in “Applications of Psychology in School Community”

Semester 1

<i>Courses</i>	<i>TU</i>	<i>ECTS</i>
School Psychology: Current approaches and applications	3	8
Current Issues in Developmental and Cognitive Psychology	2	7
Applications of Cross-Cultural and Social Psychology in school community	2	7
Research Methods and Statistics I	2	8
Total	9	30

Semester 2

<i>Courses</i>	<i>TU</i>	<i>ECTS</i>
Students with special education needs: Current approaches and psychoeducational interventions in special education settings	3	6
Counselling and Consultation in school and family	3	6
Assessment of learning disabilities and psychosocial adjustment in mainstream and special education schools	3	6
Issues of Applied Developmental Psychopathology	2	4
School Psychology Practicum I		4
Supervision – School Psychology Practicum I	3	4
Total	14	30

Semester 3

<i>Courses</i>	<i>TU</i>	<i>ECTS</i>
Prevention and intervention applications in mainstream and special education schools	2	3
Research Methods and Statistics II	2	4
Interventions in school and family for students with special education needs	2	5
Seminar: Special topics in School Psychology	3	3

School Psychology Internship II		11
Supervision II – School Psychology Internship II	3	4
Total	12	30

<i>Semester 4</i>		
<i>Courses</i>	<i>TU</i>	<i>ECTS</i>
School Psychology Internship III		15
Supervision – School Psychology Internship III	3	5
Master’s Thesis		10
Total	3	30
Total ECTS for 4 semesters		120

4. Programme Committee

Professor Chryse (Sissy) Hatzichristou (Chair)
 Professor Aikaterini Gari
 Associate Professor Diamanto Filippatou
 Assistant Professor Aikaterini Lampropoulou
 Professor Spyridon Tantaros

5. Contact

Secretariat: Sotiria Theologi

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ACADEMIC UNITS

CENTRE FOR THE STUDY OF ADAPTATION OF HIGH-RISK GROUPS

The aim of the **Centre for the Study of Adaptation of High-Risk Groups** is to study the psychosocial adaptation of individuals and groups living under adverse and stressful conditions (e.g., poverty, migration, earthquakes) and to identify the personal and environmental factors and processes that protect from the effects of these negative conditions. This type of research combines the study of psychological competence with adaptation difficulties, as well as the comparative study of normal vs. pathological behaviour.



The Centre for the Study of Adaptation of High-Risk Groups deals with:

- conducting related studies in the Greek population,
- co-operation with international academic institutes and research groups,
- training undergraduate, postgraduate and doctoral students in the methodology of these studies,
- providing educational-training work through lectures and publications addressed to the students and to the general population,
- organizing seminars and events to inform related agencies, mental health specialists, educators, students and the general population about the findings of studies conducted at the Centre regarding psychological resilience,
- implementing intervention programmes in the Greek population and in other countries through co-operation with researchers in these countries.

🌐 en.psych.uoa.gr/research/centres/resilience-studies.html

CENTRE FOR THE STUDY OF FAMILY

The aim of the **Centre for the Study of Family** is to conduct psychological research on the structure and functions of the Greek family, especially with regards to child development and socialization processes.

The establishment and operation of the Centre for the Study of Family is an opportunity for cooperation of the major fields in Psychology, i.e., Developmental Psychology (human development and socialization), Social Psychology (family as a social institution), and Clinical Psychology (family as a context where mental health problems are expressed and dealt with).

Specifically, the Centre for the Study of Family:

- conducts empirical research in the Greek population regarding family structure and functioning;
- (b) develops psychometric tools for the evaluation of family-related the psychological and social dimensions;
- undertakes teaching-training work through lectures and seminars; and
- co-operates with Schools for Parents as well as with other institutions of related interests (e.g., Youth Centres, Substance Abuse Treatment Centres, Secretariat for Equality, etc).

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🌐 <http://en.psych.uoa.gr/research/centres/family-studies.html>



LABORATORY OF APPLIED CROSS-CULTURAL AND SOCIAL PSYCHOLOGY

The Laboratory of Applied Cross-Cultural and Social Psychology is an evolution of the former Centre for Cross-Cultural Psychology and follows a tradition created by pioneering Greek psychologists in the field, such as Harry Triandis and James Georgas. It focuses on the range and limitations in applying psychological theories across culturally diverse groups in modern plural societies. Also, it aims to explore cross-cultural similarities and differences in various domains of psychology and its applications in individuals and groups in Greece. The specific goals of the Laboratory of Applied Cross-Cultural and Social Psychology are as follows:



The specific goals of the Centre for Cross-Cultural Psychology are as follows:

- Design and conduct cultural and cross-cultural psychological studies, in collaboration with international colleagues and institutions, on various topics of psychological interest, such as child development, personality, cultural values, life satisfaction and mental health, political behaviour, etc.
- Study the acculturation processes, psychological adaptation and social integration of various ethnocultural, immigrant and refugee groups in the Greek society.
- Explore intercultural relations as intergroup processes in the context of minority/majority dynamics and social status.
- Develop, implement and evaluate interventions to reduce stereotypes and prejudice and to promote respect for diversity and positive intercultural relations.
- Support teaching/training programs at the undergraduate and postgraduate levels, with an emphasis on culturally informed theses and dissertations.
- Disseminate cross-cultural research findings by organizing and/or participating in scientific events, by publishing papers in peer-reviewed journals, and by producing training material for stakeholders.
- Promote intercultural exchange and develop networks of cooperation with related institutions and organizations, in Greece and abroad.

Director: Professor Vassilis Pavlopoulos

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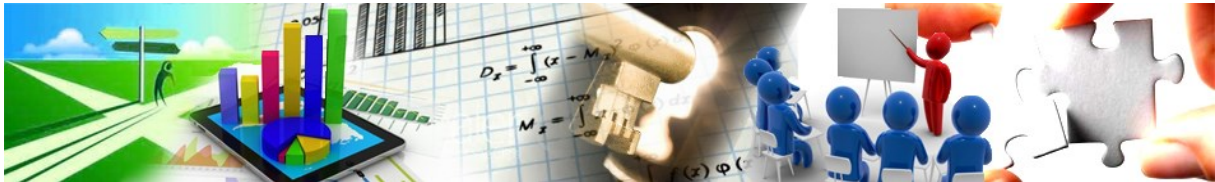
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🌐 en.psych.uoa.gr/research/laboratories/cross-cultural-psychology-lab.html

LABORATORY OF CAREER GUIDANCE AND COUNSELLING “MICHALIS KASSOTAKIS”

The **Laboratory of Career Guidance and Counselling “Michalis Kassotakis”** was founded in 2016 in order to serve academic, research, and teaching purposes in subjects that fall within the scope of career guidance and counselling. Those include the following:

- Study of issues related to professional development of individuals, their career education and the improvement of the methods used in the field of career guidance and counselling to help those interested in acquiring self-knowledge and decision-making skills in educational and professional decision-making.
- Implementation of specialized education and training programmes.
- Support of study and internship of postgraduate students.
- Provision of professional guidance services to pupils, students and adults.
- Collaboration with other educational institutions and social agents on career guidance and employment issues.



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LABORATORY OF CLINICAL RESEARCH: SUBJECTIVITY AND SOCIAL BOND



The **Laboratory of Clinical Research: Subjectivity and Social Bond** was founded in 2017. The main goal of the Laboratory is to investigate different forms of subjectivity within contemporary social bond and to promote research and development of the theoretical and clinical concepts of psychoanalysis setting, as well as clinical psychology and relevant scientific fields and applied sectors, such as medicine, regarding evaluation, intervention and prevention as applied in health, education and community.

Particularly, functioning under the auspices of the Department of Psychology, the Laboratory objectives are:

- To support the educational and research needs in undergraduate, postgraduate and PhD level of studies. Also, to support other Departments of the National and Kapodistrian University of Athens, subjected to the content of activities of the Laboratory as stated above.
- The collaboration between any type of national or foreign Research and Academic Institutions aiming scientific goals, in compliance and in accordance with those in reference to the Laboratory.
- The development of educational programmes for mental health professionals and related specialists in the field of clinical research.
- Carrying out clinical research and surveys, integrating research and practice in mental health and relevant scientific fields regarding clinical evaluation, intervention and prevention, in cooperation with the community.
- The elaboration of laboratory study methods in order for students to get familiar with real – life problem solving.
- The supervision of undergraduate and postgraduate students training.
- The development of educational and research material.
- The strengthening of dialogue and interdisciplinary collaboration among various and relevant scientific sectors regarding all perspectives of clinical research.
- The social and educational assistance whenever needed, in laboratory fields of study.
- The reinforcement of collaboration in research and teaching among professors, assistant professors of the Psychology Department and other scientists of national or foreign Universities.
- The organization of scientific lectures, summits, seminars, symposiums, congresses, workshops and other scientific manifestations, scientific publications or publication of book chapters and the invitation of faculty members recognised for their contribution.
- The provision of services to private sector professionals as indicated in Presidential Decree No 159/1984 “provision of services requirements” from University Laboratories to private sector professionals and any kind of organization (A 53).

The scientific sectors of the Laboratory are:

- Subjectivity and medicine.
- Subjectivity and process of globalization.
- Body, subjectivity and social practice.
- Subjectivity, social bond and the political setting.
- Subjectivity and sexuation.

The foundation of the Laboratory of Clinical Research: Subjectivity and Social Bond as a specialized University institution aims to:

- Opening perspectives for the reinforcement of systematic research, education and training in

issues related to subjectivity in contemporary social bond in Greece

- Promoting programmatic cooperation framework between Academic and other national or foreign Research institutions with relevant occupations and responsibilities, in graduate or postgraduate level of studies

The Laboratory of clinical research: Subjectivity and Social Bond hopes to:

- Respond to the contemporary challenges and needs of the promotion of clinical research on subjectivity, within today's social bond, in the theoretical and clinical frame of psychoanalysis and clinical psychology, as well as medicine in the field of evaluation, intervention, prevention and research, as applied in health, education and the community or other scientific fields.
- Provide an organized, systematic and thorough education and training in issues related to forms of subjectivity in contemporary social bond, in graduate postgraduate and PhD level of studies. Even more, the Laboratory aims to organize means of growth and diffusion of knowledge through training mental health and relevant professionals. In conclusion,
- Contribute to the research and survey conduction -in view of the cooperation with the community- integrating research and practice in scientific fields of the Laboratory.

The Laboratory of Clinical Research and Social Bond is located on the 5th floor of School of Philosophy premises, office 527.

Director: Associate Professor Vassiliki (Lissy) Canellopoulos

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 en.psych.uoa.gr/research/laboratories/clinical-research-lab.html

LABORATORY FOR THE DEVELOPMENT OF CREATIVITY

The **Laboratory for the Development of Creativity** operates in the premises of the School of Philosophy, under the supervision of the Department of Psychology. It was founded as a “Centre for the Development of Creativity” by Professor of Psychology Ioannis Paraskevopoulos, in the independent Division of Psychology, Department of Philosophy, Pedagogy and Psychology of the National and Kapodistrian University of Athens; he has been its first Director contributing to its structure and goals organization. It was re-established in 2017 as a *Laboratory for the Development of Creativity*.



The goal of the *Laboratory for the Development of Creativity* is to investigate specific characteristics and principles of creative thinking in all areas of creative human activities and creative thinking procedures, and particularly in mainstream education; high creativity, in conjunction with high intelligence and strong motivation formulate the necessary conditions for the production of exceptional achievements at school.

The Laboratory has been established due to the restrictions that still hold in today’s mainstream Greek educational system for the understanding and development of critical and original thinking, two elements of great importance for human learning and education. Empirical research on creativity and giftedness has proved that the negative result of these one-sided restrictive practices is the formation of stereotypes for individuals of high abilities, skills and talents within the school community and the broader social context.

The specific goals of the Laboratory for the Development of Creativity are as follows:

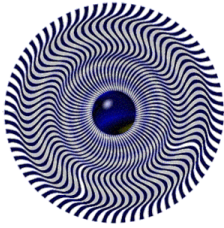
- Conduct empirical research for the exploration of values, attitudes and beliefs of the Greek school community members, e.g., teachers, students, and parents.
- Design and implement interventions to promote the creative/gifted/talented children’s and adolescents’ learning, school adaptation, relationships with peers and their potential development within family, school and community.
- Develop networks of co-operation with other academic laboratory, centres, departments, institutions, associations and scientific organizations in Europe to exchange good practices and strategies of enriching and differentiating the mainstream syllabus.

The Laboratory for the Development of Creativity has become a member of the European Talent Support Network (<http://etsn.eu/>) since September 2016.

Director: Professor Aikaterini Gari

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LABORATORY OF EXPERIMENTAL PSYCHOLOGY



The **Laboratory of Experimental Psychology** has a long history; During almost a century, it has highly contributed to psychology students' and researchers' education and training into experimental psychology methods, carrying out basic and applied research in the areas of experimental cognitive, developmental and social psychology, neuropsychology and other applied psychology branches.

It was the first Psychology Laboratory in Greece, established in the School of Philosophy of the National and Kapodistrian University of Athens in 1922 by Professor Theofilos Voreas, and was appended to the first Chair of Philosophy. It was the result of long-lasting efforts that began in 1911. Under the direction of Professor Voreas, the Psychological Laboratory offered important services both for the practical exercise of students as well as for the promotion of psychological research, the most important of which has been published in the Annals of the Academy of Athens, and in Voreas' "Psychology" (1933) and "Analects" (1937-1940).

Remarkable studies have also been published by the first researchers of this laboratory, among which were A. Garmati-Theodoropoulou, Mar. Kissavou, A. Kouki, and Aik. Striftou-Kriara. Theofilos Voreas was succeeded as Director of the Laboratory by G. Sakellariou, who adapted the intelligence scale of Simon-Binet (revised by Lewis Terman) in Greek and developed his own personality scale, known as Terman-Sakellariou's. Despite the difficulties that Sakellariou faced, he managed to produce remarkable teaching and research work. Mrs S. Paraskeva-Sakka had an important contribution as well. During Sakellariou's tenure, four tracks were established in the Psychological Laboratory: psychological research; professional orientation; clinical psychology; and counselling for parents and young adults. After Sakellariou's retirement, philosophy professors Ioannis Theodorakopoulos, Evangelos Moutsopoulos and Anastasios Yiannaras were assigned the oversight of the laboratory because for a significant period of time there was no Psychology Professor in the School of Philosophy.

An independent Division of Psychology in the National and Kapodistrian University of Athens was established in 1978, and the "Psychology Laboratory" was appended to it. Ioannis Paraskevopoulos, Professor of Psychology, undertook Director's duties for the Psychological Laboratory in 1979, continuing the work of his predecessors. His contribution was particularly important in expanding the teaching of Psychology in the various Departments of the National and Kapodistrian University of Athens. In 1984, the Laboratory of Experimental Psychology was appended to the Psychology Division of the Philosophy, Pedagogy and Psychology Department.

In 2013, when the Department of Psychology was established, the Laboratory of Experimental Psychology joined the new department and in 2018 it was re-established. Today, the Laboratory of Experimental Psychology is located on the 5th floor of the School of Philosophy. It supports the conduction of student and faculty research in the areas of Experimental Psychology, Cognitive Psychology and Neuropsychology (see also in expsylab.psych.uoa.gr).

Director: Associate Professor Petros Roussos

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🌐 en.psych.uoa.gr/research/laboratories/experimental-psychology-lab.html

LABORATORY OF PSYCHOMETRICS “I. N. PARASKEVOPOULOS”

The **Laboratory of Psychometrics “I. N. Paraskevopoulos”** has evolved from the Psychometric Laboratory. The aims of the Laboratory are:

- Develop and standardize psychometric tools, as well as procedures for the assessment of personality, skills, interests, emotions and behaviours in both children and adults.
- Train students on issues related to psychometric and psychodiagnostic methods.
- Provide students with the facilities to conduct research programmes related to psychometry-psychodiagnostics.



Director: Associate Professor Alexandra Oikonomou

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🌐 en.psych.uoa.gr/research/laboratories/psychometrics-lab.html

LABORATORY OF QUALITATIVE RESEARCH IN PSYCHOLOGY AND PSYCHOSOCIAL WELL-BEING

The purpose of the **Laboratory of Qualitative Research in Psychology and Psychosocial Well-Being** is the promotion and development of qualitative methodologies in Psychology and in related scientific and applied disciplines such as counselling, psychotherapy, education, health and work.

The main objectives of the Laboratory are:

- To study the epistemological, ontological, methodological and ethical grounds or presuppositions of qualitative research.
- To organise and deliver trainings in the various qualitative approaches (e.g., hermeneutic, phenomenological, ethnographic, narrative, constructivist, socio-cultural, etc.) developed in the context of psychology and in relevant scientific disciplines.
- To contribute in the education of undergraduate, postgraduate, and Ph.D. students as well as young scholars in the qualitative research paradigm.
- To train mental health and other practitioners in the qualitative research methods.
- To offer educational and training opportunities through lectures, seminars, workshops, symposia and conferences, as well as to create scientific and teaching materials.
- To conduct qualitative research, working together with the community (e.g., in schools, in the therapeutic fields), with the aim to connect research and practice in the field of mental health and other relevant scientific fields.
- To cooperate scientifically with research groups, research centres and institutes, as well as similar institutions and organisations in Greece and abroad.
- To advance the interdisciplinary cooperation and dialogue between different scientific fields (e.g., psychology, philosophy, social anthropology, sociology, educational sciences, health sciences, etc.) in qualitative research issues.
- To advance the dialogue concerning mixed methods of research (i.e., the combination of qualitative and quantitative methods).



Director: Professor Philia Issari

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LABORATORY OF SCHOOL PSYCHOLOGY: TRAINING, RESEARCH AND PRACTICE



The **Laboratory of School Psychology: Training, Research and Practice** was founded and operates since 1999. It is based on a multilevel model linking theory, research, training and school psychological interventions in schools, institutions and other settings and its actions are implemented in cooperation with the Postgraduate Program in School Psychology. The Laboratory aims at the prevention and promotion of mental health, learning and resilience in the school and family contexts, hence the connection and cooperation of the University with schools and local authorities.

Specific goals

- Education and training of undergraduate and graduate students, teachers, mental health professionals and parents on prevention, mental health promotion and facilitation of learning
- Development, implementation and evaluation of prevention and intervention programs and provision of consultation services in schools (evidence-based interventions)
- Provision of mental health and consultation services in the school community and educational settings
- Promotion of positive school climate, resilience and well-being in schools and educational settings
- Research
- Publications
- Cooperation with schools, local authorities, national and international school psychological associations



Prevention and Intervention Programs (indicative)

- Intervention Program for the Psychosocial Support and Promotion of Resilience in the School Community during a period of recovery and adjustment after natural disasters (2018-)
- Program for the psychosocial support of refugee children in the school community (2017-)
- “Building Our Resilient Horizons”: Program for the psychosocial support of refugee children in the school community (2016-2017)
- “WeC.A.R.E.”: International e-Learning Specialized Teachers’ Training and Intervention Program for the Promotion of Positive School Climate and Resilience in the School Community (2012-2016)
- Project Connecting4Caring (C4C), Multilevel prevention, awareness, education and intervention program (Hatzichristou, 2014, 2015).
- “E.M.E.I.Σ.”: Teachers’ training and intervention program for the promotion of a positive school climate and resilience in the school community (2012-2013)
- “Supporting in Crisis”: Teachers’ training and intervention program for the psychological support of children during the period of economic crisis (2011 –2012)



- Multilevel model for provision of school psychological services, in the context of the Program “Education of Roma children”, National and Kapodistrian University of Athens (NSRF 2007–2013) in collaboration with the Centre of Multicultural Education
- Psychosocial Support Program for Students with Special Needs in cooperation with the Graduate Program in School Psychology, University of Athens (2007 - 2009)
- Crisis management program in school community (2004-)
- Social and Emotional Learning in School: Program for the provision of mental health and learning in school community (2004-)
- Cross-cultural project–The Olympic Spirit Through Children’s Voice in cooperation with the Graduate Program in School Psychology & International School Psychology Association (2003-2005) (21 countries)
- Program of psychosocial support, Counselling and intervention for remigrant and immigrant students (1998-1999)

Director: Professor Chryse (Sissy) Hatzichristou

The scientific team of the Laboratory comprises of faculty members, school psychologists, PhD candidates, graduate students and graduates of the Postgraduate Program in School Psychology and scientific associates.

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LABORATORY OF STUDENTS' PSYCHOLOGICAL COUNSELLING

The Laboratory of Students' Psychological Counselling has been in operation since 1990 (Dean's Act 13637/26.10.1990, as Students Counselling Centre and Government (Gazette 99/1.5.2009 under its current name). The Division of Psychology of the Department of Philosophy, Pedagogy, and Psychology is one of the contributors that may participate in the activities of the Laboratory in accordance with their area of expertise. It serves all the students of the National and Kapodistrian University of Athens.

The main aims of the Laboratory are the following:

- To provide Counselling services and direct psychosocial support to students (individual and group Counselling, tele-Counselling).
- To meet the teaching and research needs in the domain of the psychosocial needs of the clinical psychology and Counselling students.
- To sensitize the student population.
- To produce scientific publications.
- To co-operate with other Counselling Centres, Research Centres and Academic Institutions with related scientific goals.

The Laboratory provides support and Counselling related to:

- Studies and student life (e.g., exams related stress, problems related to studies, procrastination in studies, adaptation to student life).
- Relationship problems (e.g., with friends, fellow students, family, partner/significant other).
- Other personal problems and manifestations of stress (e.g., reduced performance, lack of interests, physical symptoms due to psychological causes, isolation problems).

Along with individual Counselling, group Counselling of an experiential-interventional nature, Counselling services on issues such as examination-related stress, communication skills and relationship issues, self-efficacy expectations, studying skills, and peer Counselling are also available. The aim of group interventions is to help students develop or improve skills and functions related to the specific subject of the group intervention. The Laboratory also offers the services of "Students for



Students", "Talk to an Expert", and also co-operation with the "Students with Disabilities Access Unit" (<http://access.uoa.gr>) offering psychosocial support to students with disabilities of the National and Kapodistrian University of Athens.

In addition to psychological Counselling services, the Laboratory conducts epidemiological studies and empirical studies on assessing mental health services effectiveness, in order to support the Master's and PhD theses research studies of the Postgraduate Programme in "Clinical Psychology" and to develop prevention and intervention programmes.

Director: Assistant Professor Piliou-Dimitris Stavrou







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LIBRARY



The Library of Psychology is integrated in the new **Library of the School of Philosophy**, a modern building that meets the needs and demands of all Departments of the School of Philosophy. It provides a large number of Greek and international books and scientific journals related to Psychology, among them a number of rare, old publications. It also hosts the personal library of Professor Harry Triandis, a pioneer in the field of Cross-Cultural Psychology and honorary doctorate of the Department of Psychology.

The library lends material to Faculty members and students of the Department of Psychology. It is also possible to access the PsycINFO database (through the CSA Internet Database Service) as well as other electronic services available by the National and Kapodistrian University of Athens through lib.uoa.gr

-  New building of the Library of the School of Philosophy
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